

THE EFFICACY OF DIGITAL PERSONALIZATION IN TESOL: A SYSTEMATIC REVIEW AND SYNTHESIS OF LEARNER OUTCOMES AND PEDAGOGICAL IMPLICATIONS

Eman Khalid Mahmood

Faculty of General Education, Kuwait Technical College

Email: e.mahmood@ktech.edu.kw

Abstract

This paper will analyze, examine, evaluate and study the integration technology in TESOL classrooms, with a focus on modifying educational lessons according to individual learner needs and its impact on student outcomes. This research study aims to address the impact of technology on TESOL classrooms and how personalization learning assists learners to achieve their academic language learning goals.

The central objective of this investigation is to determine whether digital tools and personalized learning strengthens student engagement and capabilities beyond the four key language aspects in English, such as reading, listening, writing, and speaking. The research starts with an extensive literature review, examining and investigating the development of digitalization in academic environments and its influence on acquiring a second language. It addresses how technological devices have become significant and crucial in alleviating personalized learning experiences that cater to the needs of each learner, thereby encouraging elevated engagement and motivation amongst all students. The research question focuses on the impact of personalized learning in increasing a student's classroom engagement and how educators can positively incorporate various personalized learning methodologies to attain better retention rates. It also talks about the interrelation between incorporating digital devices and personalized learning, inspecting their merged effort on learners' success and classroom engagement. This research predominantly relies on secondary research, initiating a comprehensive review of existing literature to evaluate the appropriate strategies for incorporating personal educational plans (IEPs) in TESOL (Teaching English to Speakers of Other Languages) classrooms, with a focus on technology implementation.

Through an extensive integration of education resources, policy documents, and preliminary experimental studies, the research highlights impactful strategies for personalized learning within language education. Furthermore, observations from academic leaders and educators are implemented to strengthen the outcomes drawn from secondary research. The study evaluates how digital tools and personalized instructional methods can strengthen student engagement and learning outcomes in TESOL environments. Preliminary findings from the literature review portray that implementing adaptive educational technologies and research-based educational perspectives remarkably ameliorate student engagement and language learning.

The research targets to offer functional recommendations for educators, presenting instruction on the cohesive incorporation of personalized educational techniques to streamline teaching efficiency. By aiding the expanding area of study on personalized learning in language education, this study highlights the revolutionary potential of digitally-enhanced personalized instruction. Conclusively, it aims to enlighten future teaching practices in TESOL and associated educational areas, highlighting the obligation of personalized learning frameworks endorsed by digital innovation.

Chapter 1: Introduction

This paper will explore the implementation of technology and digital devices in TESOL classrooms. It will also explore the aspect of learning a new language through personalized learning and the outcome it has on learners of various age groups. Technology utilization has become a crucial part of our daily life. With the spread of COVID-19, technology further became a crucial part of everyone's daily life as it helped professionals to work from home, families to

stay connected, and students to complete their educational pursuits from the comfort of their homes.

Despite the lockdown of schools during the 2020 pandemic, students could complete their education even if they resided in another part of the world. This usage of technology, specifically for education has followed its way till the present time. Even now, employers respect distance learning education programs and give equal importance to them as candidates who pursue their degrees through traditional classrooms. Many globally recognized universities and academic institutions offer accredited distance learning programs to address the diversified academic needs of learners to remain intact in the progressing digital world.

According to a survey by Forbes, 93% of candidates believed that they attained a positive return on investment from pursuing online education which had a positive impact on their professional and academic aspects. Organizations have become more cooperative and understanding when it comes to distance education (Calonia, 2024).

The use of technology in the education sector has contributed significantly to implementing digital tools in the classroom. Nowadays, educators are implementing technological devices in almost all the subjects, such as mathematics, sciences, and also in learning English as a second language. The usage of English has rapidly evolved in the past few decades, making it a global language (Rao, 2019).

Due to the swift increase in learners of English, contemporary teaching procedures are integrated in classrooms to evaluate the efficiency of educational procedures. One of the crucial components of communication is language and learners can improve their communication skills in reading, listening, writing and speaking through utilizing digital platforms (Pazilah, Hashim, & Yunus, 2019).

Teachers teaching English as a foreign language can make learning an easier process through using digital devices in learning environments as it possesses the potential to encompass the needs of various students, such as poorly performing students, students with disabilities, and high-performing students to acquire their English language skills (Alshahrani, 2017).

Teachers are utilizing modern digital tools such as powerpoint slides, interactive screens, computer assisted learning, video disk players, and overhead players in innovative ways to help students comprehend the lesson objectives (Alshahrani, 2017).

1.1 Research Aims and Objectives

This research aims to analyze the impact of technology integration in TESOL classrooms and how it resoundingly influences a learner's linguistic acquisition, with a focus on personalized learning and students learning outcomes.

The research questions guiding this study are:

- Does personalization technology integration in classrooms positively impacts a student's learning outcomes for English language acquisition?
- What is the impact of personalized learning in increasing a student's classroom engagement and how can educators positively incorporate various personalized learning methodologies to attain better retention rates?
- Do technology integration and personalization interrelate with each other?

1.2 Significance of the Study

In the past few decades, technology incorporation has rapidly increased. It has become a crucial aspect of numerous industries, including the education industry. While existing studies highlight the influence of technology integration in TESOL classrooms, there is limited research exploring how personalized learning impacts student learning and educational outcomes. By combining primary data through interviews with existing literature, this study aims to provide deeper insights into the influence of digital incorporation in TESOL classrooms, with an emphasis on personalization and student outcomes. The findings could help enlighten future teaching strategies, educational policies, and the efficient application of technology to strengthen personalized learning and student outcomes in TESOL.

This paper contains the following chapters:

- **Literature Review:** It provides an outline of technology integration in education, exploring its usage in TESOL classrooms, summarizing analysis based on the research questions, recognizing and elaborating the theories that support my research and this section also highlights the gaps my research intends to fulfill.
- **Research methodology:** This section highlights the research design, and how it was conducted, explaining how the data was analyzed, any potential limitations I faced during data collection and how they were lessened. It also includes information on techniques and tools employed for gathering information.
- **Data Analysis and Findings:** This chapter includes detailed analysis on the collected data, comparison on existing literature and interpretation of its results from a critically analytical lens.
- **Discussion:** This chapter summarizes crucial findings of my research, with a discussion on the implication for TESOL practice and policy and also elaborates on how educational institutions and instructors can implement my findings
- **Conclusion and Recommendations:** This section recaps all the crucial findings, while offering recommendations for practice, recommendations for future research, contributions to knowledge and summary of research, with a reflection on the research process and its outcomes.

Chapter 2: Literature Review

2.1 General Role of Technology in Education

Technology has transformed the way we interact, live, and work with each other, making it more convenient to connect with people globally (Subsaranya & Saranya, 2024). It has also revolutionized the educator sector, emerging as a positive influence for innovation in educators, providing educators with the opportunity to implement personalized learning pedagogies that accommodate varied learning needs through digital platforms, interactive tools, and multimedia materials, that have inspired problem-solving abilities, student participation and critical thinking, making information readily available not just in the four walls of a classroom (Kalyani, 2024).

The Internet is a prominent result of technology integration and over the past few years, it has developed exponentially. Despite its numerous drawbacks, the application of the internet has provided students with the opportunity to find educational tutorials related to their lesson and while strengthening their learning experience (Raja & Nagasubramani, 2018).

Research has highlighted that students are more engaged in a lesson where information and communications technology is implemented (Beauchamp & Kennewell, 2010; Chaudhary & Sharma, 2012; Serow & Callingham, 2011). A positive impact of technology is that it strengthens both learning and teaching experience through digital developments like 3D visualization tools, digital cameras, computers, mind-training softwares and more, serving as helpful tools for students to comprehend educational concepts conveniently through visual learning, making it easy for educators to make the lessons more interactive (Raja & Nagasubramani, 2018).

2.2 Technology in TESOL Classrooms

Due to the increase in globalization, English has become a crucial aspect of everyone's life (Rao, 2019). Due to its growing relevance, TESOL has emerged as a crucial element in the educational sector. However, teaching English to speakers of other languages or to non-native speakers unveils its obstacles (Chen et al., 2023).

For TESOL practitioners, technology provides them a channel through which they can enhance and modify teaching and language acquisition methodologies for English Language Learners. It can serve as a link that associates the students' existing knowledge and the linguistic capabilities educators want them to attain, through various technological tools such as: web-based assignments on traditional courses, powerpoint presentations, smartboard technology, electronic portfolio assessment system, tape recording tutoring, and translation applications (Honigsfeld, Giouroukakis, Cohan & Walsh, 2009).

The rapid development of science and technology has provided numerous technological tools to facilitate English language teaching. Among these tools are online English language learning websites, electronic dictionaries, computer assisted language learning programs, presentation softwares, various chatting and email messaging programs, Listening CD players, numerous YouTube and other video clips, virtual conferences, language enhancing 3D virtual world programs, course management softwares like Blackboard, Web CT etc., mobile assisted language learning (MALL) and so on.

2.3 Digital Tools of English Teaching

The progressive advancement of science and technology has brought multiple digital tools to streamline the English Language Teaching journey for both learners and teachers. Some other effective tools are digital English language learning websites, CD players, video streaming platforms such as Youtube, mobile assisted language learning (MALL), 3D virtual reality programmes, language learning software programmes, etc. (Hazarika, 2017).

2.4 The Significance of Socio-Cultural Theory

SCT strongly emphasizes the value of interpersonal communication and cultural context in Learning. By SCT, Learning is not only an individual process but also a socially-mediated one in which students collaborate and interact with others to create new information. According to socio-cultural theory, interpersonal communication and cultural context is a crucial aspect of learning English as a second language. Through socio-cultural theory, learning is not just an isolated process, but also a culturally-influenced aspect through which learners coordinate and communicate with others to produce new information. (Glăveanu, 2020)

In regards to socio-cultural theory, technology can help students from all parts of the world to remain connected, it may also assist in communication and social contact (Enciso, 2020). Learners may have the opportunity to engage in collaborative educational activities and receive guidance from their instructors and peers through video conferences, online forums and other technical tools. Digital technology can also provide learners with natural language materials and resources, such as podcasts, news articles, and films that demonstrate the traditional practices of the target language group (Cunningham, 2023).

The application of technology in teaching English to speakers of other languages have become crucial as it has boosted students' self-confidence in learning and using English successfully in everyday contexts (Hwang & Oh, 2021).

2.5 Outcomes of Digital Integration in Classrooms

According to a survey, students who used smartphone applications during the classroom performed better academically and demonstrated enhanced academic performance. Furthermore, digital tools implementation allowed students to have an elevated independent learning experience (Pate, Powers, Coffman, & Morton, 2022). In short, information technology adjusts the relationship between TESOL and expanded self-confidence. It depicts that incorporating digital technology into TESOL lessons makes independent learning more engaging, increasing student engagement and motivation. Ulla, Perales, and Tarrayo's (2020) qualitative study on the integration of the digital applications in TESOL environments revealed that instructors found it easier to engage students and enhance their active involvement in language acquisition, encouraging self-learning amongst students through applications such as Google Forms, Kahoot, Socrative, Facebook, Quizizz, Facebook, YouTube, Quizlet (Chanani & Al Ahmed, 2023).

2.6 Incorporation of Gamification in ESL Classrooms

The use of gamification in improving ESL students' linguistic capabilities. The application of digital sources to ameliorate English language learning and teaching is called "digital technology" in TESOL context. It encompasses various digital tools, such as online resources, computers, multimedia contents, and mobile devices (Whitelaw, Mamas, Topol, & Van Spall, 2020). Language learners can implement digital technology to access online tools such as interactive vocabulary tests, grammar drills, and media content such as podcasts and films. Digital resources can also aid in the correspondence between students and teachers through discussion forums, video conferencing and social networking platforms (Li, 2020). Digital technology has become a crucial aspect of TESOL for students across various age groups and competencies, providing more effective and engaging educational experience (Al-Khalidi, 2020).

2.7 Fulfillment of Academic Goals through Personalized Learning in TESOL Classrooms

The extensive usage of digital technology and electronic devices have made it easy for personalized learning to be implemented in academic environments. Students possess their own knowledge acquisition pace, educational choices, and educational targets that are individualized to their needs. Research has shown a strong relationship between student's drop-out rate and incorporating personalized learning (Herawati, 2023).

Personalized learning is in demand (Huang et al., 2012) due to new technologies involving big data and learning analytics. It should be tailored to and continuously modified to an individual

learner's conditions, abilities, preferences, background knowledge, interests, and goals and adaptable to the learner's evolving skills and knowledge (Huang et al., 2012).

2.8 Integrating Technology in Education

Integrating Technology in Education could mean numerous things. Particularly, it is used for enhancing the educational experiences of students through employing various digital devices in a TESOL classroom. Additionally, virtual classrooms also significantly assist students to succeed in their learning objectives. Some digital aspects incorporated in classrooms include powerpoints and games, internet homework assignments, classroom tablets, and online grading systems which are known to keep the students engaged, and assist their various learning styles (Drexel University School of Education, n.d.)

Critical thinking and problem solving skills can be conveniently learnt through computers as they pave the way towards representing data visually through practical circumstances and distinguish configurations in practical insights, therefore, they elevate the skills for problem solving in the educational process (Zhang, 2020). The core purpose of implementing technology in a classroom is for the educator to teach the students how they can implement technology to learn a new language and acknowledge the fact that technology will not do the student's work and replace the human mind. Rather, it would only amplify it. Therefore, educators play a crucial role in assisting students in accelerating their learning process, rather than hindering it (Ranasinghe & Leisher, 2009).

2.9 The Impact of Personalized Learning in TESOL: A Cultural and Technological Perspective

Learning is a natural human activity that is shaped by personal experiences, cognitive awareness, personal bias, opinions, cultural background, and environment. Learning has been defined as a stable and persistent change in what a person knows and can do. Learning is formed through an individual's interactions, including the conveyance of knowledge and skills from others and experiences. Not all learners are the same. All students learn differently. An individual's learning capabilities and their understanding of the world is shaped through their individual cultural influences and experiences. Learners deliver their cultural practices in the classroom environment. Culture is crucial not just for what people learn, but also for how they learn (San Diego County Office of Education, n.d.).

Moreover, a student's perspectives, understanding, knowledge and skills are expanded through the personalized experience of learning. Therefore, individual goals and needs can be met through implementing learning models, particularly in English language learning (Rahmanipur, Shokri & Heidarnia, 2025).

Personalized learning has survived for many years in the past few years as a form of mentoring and apprenticing people of all age groups (Shemshak & Spector, 2020). Personalized learning is an educational strategy that customizes instructional approaches, content, and learning momentum to fulfill the distinct needs of individual learners. In TESOL (Teaching English to Speakers of Other Languages), personalized learning approaches are progressively being incorporated with digital tools to strengthen language learning outcomes, and student engagement (Afzal, Shahzad, & Farooq, 2025).

The incorporation of personalized learning strategies in TESOL (Teaching English to Speakers of Other Languages) has been substantially improved by digital advancements. Research suggests that versatile learning frameworks, artificial intelligence (AI) enhanced coaching, and multi-modal learning approaches enhance student engagement and educational results (Chapelle, 2016). In TESOL, personalized learning is embedded in the sociocultural and constructivist theories, where students dynamically build upon their existing knowledge through interactive, and differentiated instruction. (Vygotsky, 1978). One of the most extensively executed approaches is the implementation of adaptive technological applications, such as Babbel, Duolingo, and AI-driven language educators, which customize lesson complexity based on consumer productivity (Godwin-Jones, 2018). Studies demonstrate that machine learning algorithms streamline vocabulary learning and grammatical precision through spaced repetition systems (SRS) (Petersen et al., 2021).

Furthermore, flipped learning models, where learners approach electronic tools before class, enable educators to highlight multilayered linguistic tasks (Bergmann & Sams, 2012). Immersive learning and gamification have also collaborated extensively towards TESOL pedagogy. Augmented reality (AR) and virtual reality (VR) have contributed to strengthen illustrated language learning by placing learners in simulated realistic situations (Lan et al., 2018). These resources enhance listening skills, pronunciation and cultural expertise, directing towards enhanced overall results (Zhao, 2020). Moreover, AI powered tools and learning insights offer educators with realistic data, give educators instantaneous facts, authorized for tailored intercedes and evolved lesson plans (Siemens, 2013).

Despite these developments, obstacles continue in ensuring a fair access to digital tools, teacher preparedness and data privacy concerns. While personalized learning approaches exhibit ameliorated student motivation and linguistic competency, further observed studies are required to evaluate long-term success in TESOL circumstances (Reinders & Benson, 2017). Future research should concentrate on AI-enhanced instruction, collective virtual instruction environment, and the function of thoughtful analysis in preserving independent language learning.

2.10 Wilson Reading System: An Example of Personalized Learning

The Wilson Reading System (WRS) epitomizes a personalized learning perspective in an educational setting, specifically for students who have learning disabilities such as dyslexia, or any other language-based disability. The WRS is embedded in the Orton-Gillingham concepts, and it utilizes a progressive, multi-sensory and personalized perspective to literacy expansion. This learning system aligns with the distinguished teaching framework (Tomlinson, 2001).

By incorporating phonemic awareness, fluency training and word structure, it harmonized with distinguished educational structure, providing learners with the opportunity to advance at their own progression (Tomlinson, 2001). Technology incorporation has improved WRS efficiency through online platforms like Wilson Academy Online, which provides engaging lesson planning and learner progress tracking (Wilson Language Training, 2020). AI-enhanced resources, such as Lexia Core5 and Fluency Tutor, provide instantaneous guidance. Furthermore, speech-to-text software and gamified phonics applications aid knowledge development by providing compelling, and personalized assistance (Zhao, 2020).

These digital innovations make WRS a revolutionized, digitally-supported interference, individualized progression and enhanced educational results.

2.11 Personalization Integration in a classroom: The Future of English Language Learning

Does personalization and technology integration in classrooms positively impact a student's learning outcomes for English language acquisition? Personalization is a term used by educators as a method of instruction during lectures, tailoring the material in accordance to the learning abilities of each student. Personalized learning increases the student's motivation and interest in grasping content while engaging in the materials prepared by their teachers (Alamri et al., 2019). According to Webster dictionary, to personalize means "to make something individual; specifically: to mark as the property of a particular person." (Merriam-Webster, n.d.). Personalized learning in English language learning has demonstrated to expand student involvement, understanding, and comprehension rates. Studies show that versatile educational technologies, distinguished teaching, and personalized response supports strengthened language expertise (Tomlinson, 2001).

Personalized learning in TESOL is rooted in constructivist and sociocultural theories. Both these theories emphasize the learner's dynamic function in knowledge formation and the significance of social communication in linguistic advancement (Vygotsky, 1978; Piaget, 1952).

Furthermore, Differentiated Instruction and Universal Design for Learning (UDL) (Tomlinson, 2001), offer theoretical findings for modifying content distribution, teaching methods, and assessments to fulfill the needs of learners' multifaceted backgrounds, proficiency levels and learning styles. Research in Neural research methodologies to language acquisition indicates that cognitive-based modifiable educational models enhance neural efficiency in second language learning by harmonizing with students' analytical abilities and working memory. (Dörnyei, 2019). This cognitive outlook enlightens a hyper-personalized virtual system that modifies lesson progression based on instantaneous cognitive activity analysis.

2.12 The Role of Artificial Intelligence in Personalization

Artificial Intelligence has transformed individualized learning in TESOL, accelerating instantaneous modification and personalized feedback. Natural Language Processing chatbots, an example of AI, give engaging, interpreted discussions, which remarkably refine speaking abilities (Godwin-Jones, 2019). Furthermore, it also assists in automated assessment and feedback. AI-enhanced writing feedback for syntax, vocabulary, and grammar. Studies demonstrate a 25% development in student writing competence through the application of artificial intelligence enhanced feedback over a six-month time frame (Siemens, 2013).

2.13 Gamification and Immersive Learning: A New Era of TESOL Engagement

Gamification has surfaced as an exceedingly effective personalized learning approach in TESOL. Educators utilize reward systems, game mechanics, and gamified platforms to improve learner engagement and motivation. (Lan et al., 2018). Games can be designed to adapt to individual learning preferences and needs. By providing various levels, rewards, and achievements, gamification provides learners to advance at their own momentum, encouraging a perception of satisfaction and accomplishment (TESOL Australia, 2023).

Due to the rapid advancement of Computer-Assisted Language Learning (CALL), researchers and teachers of second language learning have to adapt with the rising pressure to become more digitally oriented, merged with the developing expansion of mobile applications (Godwin-Jones, 2015). With the expansion of technological gadgets and applications, new branches of study have been formed in CALL, including gamification, which is a contemporary pedagogical approach that seems to strengthen learning motivation among both digital immigrants and digital natives. Over

the past few years, online educational resources have also expanded both in formal and non-formal education to involve and encourage students throughout the learning process through applications such as Lego education, Minecraft Education, Quest2Learn, and Kahoot, which has led to these games being integrated into various educational subjects (Domínguez et al., 2013).

There are some examples of gamified personalized learning in TESOL. One such example is learning the English language through Augmented Reality (AR) and Virtual Reality (VR) to create an immersive learning experience for everyone, using VR simulations such as ImmerseMe, and MondlyVR, which can create realistic interactive situations, directing towards a 47% improvement in verbal fluency (Zhao, 2020).

Research has highlighted the positive impact of gamification in a classroom, which has led to enhanced retention rates, specifically in vocabulary learning, by influencing interactional challenges and spaced repetition (Pazilah et al., 2019). Personalized learning experiences offer learners with an extensively tailored educational method. It recommends them with a chance to learn at their own pace, utilizing the processes and materials that are tailored to fulfill the learners' distinctive needs and competencies. By customizing learners' academic experiences, personalized learning experiences can guarantee that students can optimize their competence and construct a robust foundation for their forthcoming studies. Ultimately, this strategy assures a learning experience that is fulfilling and meaningful, because it is personalized in accordance with each learner's needs (Nahas, 2022).

2.14 Impact of ChatGPT in Personalized Learning

Recent developments in machine learning have led to a development of AI tools that assist in creating videos, images/graphics, text, and audio. One such example is the use of Generative Pre-trained Transformer (GPT), which has contributed towards creating ChatGPT, developed by OpenAI. ChatGPT is an adaptable device created to optimize computerized conversations and theoretically make human operators repetitious. (Kalla & Smith, 2023). There are particular issues attached with Artificial Intelligence and its relation with biased data, environmental effect, digital and environmental disparities, and capitalisation of human labor were brought up as obstacles AI adoption encountered. In short, artificial intelligence should be viewed as a tool for assistance, rather than a complete replacement for educators (Teaching English with Oxford, 2024).

ChatGPT can support students in language learning by providing them with the opportunity to engage in collaborative conversations, grammar help, and vocabulary enhancement. It can involve learners in dialogue practice, offer language worksheets, and assist in enhancing their language proficiency through asking feedback on their written work, receive improvement suggestions on their written work and attain an effective understanding of the writing structure. (Mosaiyebzadeh et al., 2023). Over the past few years, the world of technology has experienced exponential changes in the education sector due to technological progressions. Amongst these technologies, one of the most impactful changes has been the use of artificial intelligence. (Makridakis, 2017).

The published scientific literature broadly suggests that AI technology possesses the potential to serve as a significant asset in education, occupying various roles that enrich both learning and pedagogical experiences. Authors have suggested that AI technology is an instrumental tool in essay grading (Badreldin et., 2023). Research has demonstrated that AI technology serves as a

crucial tool in the education sector, playing numerous roles, contributing towards providing enriching pedagogical and learning experiences (Babitha & Sushman, 2023).

It also serves as a tool for grading systems by differentiating both strengths and weaknesses within a provided task in an automatic process of grading for demonstrating both the strengths and weaknesses of students in an extensive spectrum of assignments, including academic essays, research articles and other written coursework (Kasneci et al., 2023). In modern education, ChatGPT has played a transformative role in education, particularly in personalized learning by producing individualized learning experiences by producing personalized materials and providing instantaneous, individualized support to learners. For instance, this AI-model can generate singular practice questions and educational materials customized to the learner's specific pursuits and learning objectives. If educators ensure that ChatGPT is utilized conveniently, it can benefit learners (Grassini, 2023).

The use of ChatGPT not only serves as a positive aspect for personalized learning, but it also supports the development of more insightful content and the enhancement of educational management in the aspects of effectiveness and efficiency (Montenegro-Rueda et al., 2019).

2.15 Impact on Student Engagement and Outcomes

Research exhibits that personalized learning enhances student motivation, enhances knowledge presentation, and assists in tackling learning gaps. Digital collaborative resources and interactive online content nurture a more intriguing educational environment (Montenegro-Rueda et al., 2023). Blended learning models merge traditional educational methods with technological tools to provide a more personalized learning experience. Evidence-based instruction enables educators to utilize analytics and student performance data to adapt lesson plans adaptively (Grant & Basye, 2014). Kalantzis and Cope (2020) analyzes the function of virtual environments that assist personalized learning by providing multiple tools and resources through multiple features such as interactive activities and assessments that can be used for assessing learners with varying educational needs. By gathering and examining data on student performance and engagements, educators can obtain information on learner's outcomes and behaviors facilitating enlightened decision-making and prompt interventions in the lesson planning (Santos, 2020).

Using digital resources in a classroom allows educators to evolve away from traditional pedagogies, making lessons more engaging. Research demonstrates that if students remain active in a classroom, it increases their engagement, learning outcomes, and minimizes disruptive behaviour. Digital applications such as classroom response systems ("clickers") and learner's individual devices, merged with appropriate software, allow for instantaneous, personalized feedback and information compilation (Twyman, 2018).

2.16 Data Analysis and Findings in Schools and Other Academic Institutions

A survey was conducted of 308 student-centered schools that fulfilled at least three of the five criteria regarding personalized learning: project-based learning, personalized learning plans, criterion-referenced assessment, competency-based student progress, and multi-year mentoring. This survey compiled the interview of 245 educators across 42 institutions. The survey revealed that only 12% of educators reported possessing a digital system that incorporated all four primacy aspects (planning, training, evaluation and record-keeping). On the other hand, 21% of educators

stated they had no particular technological system in position. Technology was more broadly utilized for instruction and planning, while its implementation in record-keeping and evaluation was less common. This research further emphasized the significance of technological devices in personalized learning, which included: planning and design, instructional delivery, technology-based assessment, and maintaining digital records (Reigeluth & Karnopp, 2013).

The integration of adaptive learning technologies is reforming academic policies, highlighting data-driven decision-making methods. Students experience personalized lessons simplified through technology, and progressive academic systems are modifying traditional pedagogies, fostering personalized teaching to fulfill individual student needs (Japiassu, 2024).

Educators may need to adjust to new roles as moderators of digitally-enhanced education, demanding continuing professional development to efficiently incorporate these frameworks into their pedagogies (Roberts – Mahoney et al., 2016).

2.17 Different Perspectives on Personalized Learning

Personalized learning has been used for many decades and in the past, it was used during one-on-one tutoring sessions, before the technological advancements. Personalized learning application is influenced through pedagogical, institutional, and cultural interpretations. Some personalized learning resources focus on student independence, while others highlight evidence-based adjustable systems. The absence of a proper framework directs towards irregularities in utilizing personalized education strategies as educators and policymakers face challenges to adjust personalized learning goals with functional applications (Ambele et al., 2022).

Personalized learning frameworks are constructed to position academic content with personalized student needs and interests, significantly amplifying student participation and streamlining a thorough elaboration of the subject. Research shows that personalized learning can result in improvement of students' academic achievements, as lessons are created according to each students' strengths and weaknesses which helps them hone their problem-solving abilities, and independent learning skills, preparing them for life after school (Shemshak & Spector, 2020).

2.18 Use of Facebook in Personalized Learning

Social media can also be used in an innovative way to personalize learning experiences for students to strengthen learning experience. Some educators have established Facebook applications to develop more compelling and personalized educational experiences for learners. Educators have reported using Facebook to share comments, post learning resources, and streamline academic discussions, developing an engaging and a vibrant educational space that stretches past a conventional classroom setting. Through Facebook, educators develop a sense of community among students, empowering partnership and collaborative learning, while allowing an instantaneous mode of communication amongst educators and students.

2.19 Learner Model: Cognitive and Non-Cognitive Characteristics

A learner model is a digital portrayal of a learner's skills, knowledge, behaviors, and preferences utilized in an adjustable educational system to provide personalized teaching and assistance to students accordingly. It constantly updates guided by learner communication, allowing the system to accommodate educational pathways adaptively (Vagale et al., 2020).

Learner modeling is a foundation of adaptive instructional environments, providing to personalize academic experiences by justifying personal learner characteristics: cognitive and non-cognitive characteristics. Cognitive characteristics include learning styles and knowledge levels and non-cognitive factors include emotional states and motivation level. Incorporating both cognitive and non-cognitive skills into learner models assures a comprehensive, student focused framework towards education. This structure allows adaptive systems to offer targeted teaching, emotional support, and individualized complications that enhance student success (Beck & Mostow, 2008).

By acknowledging the connection between intellectual skills and interpersonal skills, teachers and AI-enhanced frameworks can transform personal learning insights, promoting academic achievement, motivation and continuous cognitive abilities (Spector, 2013). In short, the learner model is crucial for developing responsive learning domains that embrace the developing needs of each learner, thereby enhancing efficient and individualized educational experiences.

2.20 Meta-Analysis- the Efficiency and Digitally-Enhanced Personalized Learning Experience
Research by Zheng et al. (2022) evaluates the influence of personalized learning supported by digital tools on students' educational performance and their perspective of learning. This research demonstrated that digitally-enabled individualized educational experiences have a moderate impact on a student's learning experience, revealing an important advancement compared to conventional learning methods. The framework had a small effect size on students' perceptions of their educational experiences, proposing a humble positive impact. (Zheng et al., 2022). The researchers examined ten moderator variables to comprehend their impact on the efficiency of personalized learning (sample levels, sample sizes, learning domains, research design, research settings, intervention duration, learning methods, personalized learning software, hardware support, user-oriented personalized parameters. (Zheng et al., 2022)

Amongst the analyzed moderators, the most influential moderators are: learning methods and personalized learning software. These conclusions emphasize the possibility of digitally-assisted individualized learning to enhance learning outcomes, particularly when relevant educational strategies and software are implemented. (Zheng et al., 2022).

2.21 History of Personalized Learning: Technologically-equipped TESOL classrooms

Personalized learning is not a recent concept as its origins can be discovered back to the beginning of the 20th-century digital education tools. Despite assertions of advancement, many personalized learning digital tools still operate within a structured framework as the evidence-based approach in TESOL often reflects traditional assessment models rather than cultivating accurate learner self-sufficiency. For instance, AI-enhanced, language learning applications may individualize content, but they still depend on **predefined sequences** and **standardized tests** (Majeed et al., 2025). The transition towards commercialization in education has led to tech companies, not educators, sculpting educational resources as they prioritize data and profit collection over pedagogy. While digital tools optimize personalization in linguistic acquisition, TESOL educations must incorporate technology with learner-centered pedagogies (Zhang et al., 2020).

2.22 The Role of AI in Curriculum Development - Personalized Learning

As it was aforementioned, AI plays a crucial role in curriculum development, making it more effective and adaptable in developing personalized learning materials for students of varying learning needs. Collaboration is crucial amongst policymakers, technologists, and educators to

organize ethical guidelines and guarantee equal access to artificially-enhanced learning tools (Ayeni et al., 2024).

2.23 Challenges Associated with Integration of Technology in TESOL: Personalization and Student Outcomes

As aforementioned points demonstrate, personalized learning with the integration of technology has become an essential aspect of TESOL classrooms. While the aforementioned technological sources strengthen student experience by tailoring lesson plans according to individual student needs, their execution presents several obstacles. Many TESOL trainers encounter difficulties related to inadequate digital frameworks and materials, which can obstruct the efficient incorporation of personal learning tools. Furthermore, teachers need proper training and guidance on how they can successfully incorporate AI and other technology devices in TESOL classrooms to avoid potential misapplication or inefficiency (Shemshack et al., 2021).

Shemshack and Spector (2020) studied that the personalized learning area is distinguished by numerous terms such as individualized instruction, adaptive learning and tailored learning - which can lead to uncertainty and fluctuations in execution methods. This linguistic inclusiveness demonstrates a challenge for educators in TESOL environments to produce an integrated framework towards personalized learning (Shemshack & Spector, 2020).

Additionally, some parents, educators and administrators may not be familiar with the advancement of technology and its integration into the education system, which can hinder the adoption of digitally-enhanced personalized learning strategies (Udeh, 2025). Students need to have access to essential technological sources and stable internet connections if they want to attain full benefits of personalized learning in TESOL classrooms (Zheng et al., 2022).

2.24 Gaps in the Literature: Integration of Technology in TESOL - Personalization and Student Outcomes

Despite influential developments in technology-enhanced TESOL education, there remains significant gaps in the literature regarding how personalized learning via technological resources impact student outcomes. Existing research has examined either technology integration in language learning or personalized learning strategies, but there is a lack of studies investigating their integrated impact on the academic success, engagement, and motivation of TESOL students (Al-Zeebaree & Ameen, 2024; Bui & Cong-Lem, 2023). This study aims to resolve these gaps by supplying observational evidence on how digitally-driven personalization strengthens English language learning in multifaceted TESOL contexts.

2. 24. 1. Inadequate Research on the Merged Influence of Technology and Personalized Learning in TESOL

Studies have distinctively explored the function of technology in English language learning (Ortikov, 2024) and the efficiency of personalized learning methods (Ratih & Fauziati, 2024). However, insufficient examinations evaluate how the incorporation of these two dimensions - adaptive learning technology and student-centered approaches - impacts TESOL learners' performance (Alshuraiaan & Almeleh, 2023).

While technological platforms and artificial-intelligence powered devices are reforming language education, the domain falls short of a thorough comprehension of how personalized digital strategies impact language advancement, fluency maintenance and engagement levels (Chen et al.,

2023). This study connects this gap by examining which personalization techniques within digital TESOL environments improve learning efficiency.

2. 24. 2 Lack of Extended Research on Digital Personalization in TESOL

Existing research on technology-enhanced learning in TESOL concentrates primarily towards short-term outcomes, such as foundational engagement and classroom cooperation (Alshahrani, 2024). However, the prolonged impact of digitally-enhanced personalization on English language learning and fluency advancement remain predominantly unexamined. (Wu, 2023).

2.24.3 Confined Emphasis on Educator Readiness for Incorporating Technology Personalization

While the function of technology in TESOL classrooms has been extensively documented (Udeh, 2025), there is minimal research on how well teachers are prepared to incorporate personal learning through technology platforms (Nurhidayat, Mujiyanto, & Yuliasri, 2023). Many TESOL educators do not have sufficient training in flexible educational tools, directing towards irregular incorporation of digitally refined personalized instruction (Yang & Walker, 2015). Personalized learning depends significantly on educator streamlining, yet research on how teachers incorporate digital personalization into their lesson plans is restricted (Putri & SS, 2024).

2. 24. 4 Disregarded Technological Access and Fairness Challenges in TESOL Personalization

Most studies presume identical access to technological resources among TESOL learners, but socioeconomic differences in technology access remain a prominent barrier (Solikhah, 2023). This literature overlooks how learners from lower-socioeconomic backgrounds or districts with restricted digital-infrastructures interact with personalized technological educational resources (Celik, 2024). Without acknowledging digital inclusion concerns, it is unfeasible to evaluate whether digitally-augmented personalization compensates how digitally-enhanced personalization is advantageous for all learners at an equal extent.

This research tackles this disproportionate gap by examining how various student demographics experience and communicate with personalized TESOL technology.

2. 24. 5 Limited Research on AI-Enabled Personalization in TESOL

Although AI-enhanced education tools are becoming more common, their precise influence on personalized TESOL learning is still insufficiently analyzed (Lee, Kuo, Xu, & Hu, 2022).

Recent developments in chatbots, machine learning, and AI-powered feedback systems have demonstrated potential in personalizing language education, but few studies analyze their efficiency within TESOL contexts (Bang, 2024). The application of dynamic AI in TESOL could transform personalized learning, yet research has not entirely examined the impact of these tools on TESOL student motivation, long-term retention and performance (Wang et al., 2024). This study occupies this digital gap by evaluating the function of AI-enhanced personalization in TESOL and its impact on student results.

Chapter 3: Research Methodology (Secondary Research Approach)

This chapter explores the research framework, data analysis approach, data collection methods, potential limitations and ethical considerations. This study evaluates the incorporation of technology in TESOL classrooms, with a significance on personalization and student outcomes. Given the essence of this research, a secondary research framework has been acquired to examine and synthesize existing studies, data resources and literature.

3.1 Research Design

This paper is based on secondary research, depending on formerly published academic reports, statistical data, and studies to evaluate the effect of technology on personalized learning and student engagement in TESOL classrooms.

Instead of compiling primary information through surveys and interviews, this research methodically examines existing literature and experiential studies to select relevant data and findings. An approach of qualitative content analysis is acquired by this research, reviewing challenges, trends, and educational outcomes of digitally-enhanced learning in TESOL.

The methodology involves:

- **Systematic review of published studies** on integration of technological devices and personalized learning in TESOL environments
- **Comparative analysis of secondary data:** examining, evaluating and synthesising diverse perspectives from policymakers, educators and researchers
- **Synthesization of available statistical findings** to evaluate student engagement and educational outcomes in technologically-enhanced environments.

This approach offers a **detailed, evidence-based comprehension** of the research topic without focusing on primary data collection.

3.2 Data Sources

This research emphasizes the analyzation of secondary data sources, including:

- **Peer-reviewed journal articles** on technology use in TESOL
- Published reports and policy documents from academic institutions and government entities
- **Experiential research and case studies** on technological personalization in language learning
- **Statistical surveys and data** implemented in previous studies connected to student engagement and digitally-enhanced educational outcomes.

These sources guarantee a sturdy and varied data pool, minimizing the threat of bias associated with the responses of individual participants.

3.3 Data Collection Methods

This study adopts documentary analysis as the primary data collection method. This approach includes:

1. Literature Review
 - Evaluating educational research papers, academic publications, and academic reports related to digitally optimized learning in TESOL
 - Observing crucial themes, findings and gaps in the existing knowledge related with this topic
2. Comparable Data Evaluation
 - Evaluating results from multiple studies to make conclusion about the impact of digital sources in personalized learning
 - Recognizing common trends and comparing perspectives across various sources
3. Case Study Evaluation
 - Analyzing documented case studies of digital resources incorporation in language acquisition to examine practical applications.

This methodical framework guarantees that contemporary, reliable and varied resources contribute the research's findings.

3.4 Data Analysis

The compiled secondary data is evaluated using qualitative content analysis, recognizing frequent themes, obstacles, and solutions connected with digitally optimized learning in TESOL.

3.4.1 Thematic Analysis

- Reports and studies are analyzed to recognize prevalent patterns, such as the advantages of technology incorporation, student engagement, and difficulties in implementation
- Data is classified into crucial themes, such as personalized instructional strategies, digital learning tools, and student motivation in TESOL settings
- Thematic coding assists in structure outcomes

3.4.2 Evaluative Analysis of Findings

- Juxtaposing various studies to analyse similarities and modification in student educational objectives
- Analyzing the efficiency of digital resources in TESOL environments across diverse academic domains

3.5 Ethical Considerations

This study relies on secondary data, ethical concerns are as follows:

3.5.1 Authenticity and Validity of Sources

- Only published, peer-reviewed and influential materials are utilized to preserve research integrity
- Information from recognized academic bodies and organizations are emphasized

3.5.2 Refraining from Misinterpretation

- Results from secondary sources evaluation are **rightly portrayed** and **concisely referenced**.
- The study abstains from misinterpreting or modifying formerly publish research

3.5.3 Openness in Data Utilization

The methodology evidently explains how data is analyzed, selected, and clarified, ensuring replicability and clarity

3.6 Limitations of the Study

While this study provides a comprehensive explanation and depiction of the research topics, certain limitations must be highlighted.

3.6.1 Lack of Preliminary Data

- The research does not include preliminary data collection (e.g. surveys or interviews), which may restrict direct findings from students and educators
- Findings rely on existing research which may not always encompass evolving trends

3.6.2 Changeability in Data Sources

- Various studies utilize multifaceted methodologies, which may generate discrepancies in disclosed results.
- Some studies concentrate towards particular population, restricting universality to all TESOL contexts

3.6.3 Potential Bias in Secondary Sources

- Some reports may demonstrate researcher or institutional bias.

- The study alleviates this by utilizing multiple sources to demonstrate a balanced perspective.

Despite these constraints, the systematic approach to examining existing research augments the authenticity of findings and provides a comprehensive evaluation of the research topic.

Conclusion

This chapter provided details regarding the secondary research methodology, including data analysis, data collection, ethical considerations and limitations. By methodically examining and consolidating existing research, this study presents a detailed comprehension of technology integration in TESOL classrooms with a focus on personalized learning, without conducting primary research compilation.

The next chapter will provide analysis and findings, emphasizing crucial observations extracted from secondary research findings.

Chapter 4: Data Analysis and Findings

4.1 Introduction to Analysis

This chapter demonstrates a critical synthesis of the secondary research findings, emphasizing the impact of technologically-enhanced personalized learning and its influence on student engagement and learning outcomes in TESOL classrooms. Unlike the literature review, which examined existing studies and hypothetical frameworks, this chapter analytically evaluates developing patterns, contradictions, and research gaps, providing a proportional assessment of crucial findings.

This chapter is structured into the following parts:

- **Demonstration of Findings** - Recognizing trends across various studies
- **Synthesis of Research Data** - Incorporating diverse secondary sources to outline a unified interpretation of how digital personalization impact TESOL learning
- **Comparison with Existing Literature** - Contrasting differing perspectives, evaluating the scope to which technology refines student learning and observing gaps in research

By analytically assessing the secondary data, this chapter focuses to shift beyond description and offer a more detailed comprehension of the implications, limitations, and effectiveness of the digitally-augmented personalized learning within TESOL classrooms.

4.2 Presentation of Findings

4.2.1 Experiences with Technologically-Enhanced Personalized Learning

Noel Russell, a specialist in AI-powered chatbots, language models, and generative AI, imparts her experiences equalizing work and personal life as a mother of six while trailblazing AI-enhanced education (Russell, 2023).

According to Russell (2023), AI models assist parents to create an effective Individualized Education Plan (IEP), ensuring smoother pedagogies for children with special needs. She states, “The first pillar of learning is how my son, my firstborn son Max - he was born with Down Syndrome - put me on this path of using assistive technology to aid in learning. I realized that it was crucial for him, but it also developed an opportunity for my other children who were typically developing to strengthen their ability to learn.” (Russell, 2023, 2:15).

Russell further stated, “Imagine if we could take those papers and in the world of GPT-4.0 or an Azure OpenAI service, we could build a model that allows us to pass in all of those forms that we got our kids to fill out as teachers. Wouldn't that be amazing? And then just tell me the mode based on every individual student, first, create a database to hold all of my students. Second, create an individualized learning path based on the common core curriculum for third grade. and poof—it will do it.” (Russell, 2023, 4:30).

She emphasizes on this fact: AI is not just enhancing education - it is transforming it. Through incorporating AI Conscientiously, parents, educators and technologists can develop an educational environment that is inclusive, adaptive and future-ready. (Russell, 2023). AI-enhanced adaptive learning platforms such as ChatGPT-enhanced tutors, and Duolingo can individualize grammar, vocabulary, and pronunciation assessments for ESL learners.

4. 2. 2. AI-Enhanced Personalized Learning: Sal Khan's Vision for the Future of Education

Khan Academy is a non-profit digital education platform that presents well-crafted courses for free to students globally. It was founded by Sal Khan in 2008 who first created this platform to offer tutoring sessions to his cousins. Since its inception, the Khan Academy has widened to provide a personalized, proficiency-based learning experience for learners of all ages. It is known as the personalized learning resource for students of all age groups (Khan Academy, n.d.). Sal Khan believes that traditional classrooms make learners feel bored or lost and technologically-enhanced learning provides students with a chance to learn at their own speed rather than being limited by a preset curriculum. He states, “I've always been fascinated by this personalization in education. I thought that there was a lot of opportunity for getting more people to get much further if they were allowed to learn at their own pace, to fill in their gaps. With software, you can start to do some personalization, you can start to do some analytics and it could scale.” (Khan, 2023, 3:45).

In short, AI-enhanced evaluation offers instantaneous feedback, assisting educators to adapt pedagogies to learners' needs as technology balances education, providing access to personalized learning for students globally. (Khan, 2023). Khan's argument assists the idea that individualized, self-directed learning advantages learners by facilitating gap-filling exercises. This executes conveniently to TESOL classrooms, where students often advance at diverse paces due to fluctuating linguistic backgrounds.

4. 2. 3. The Rise of Technology for Personalized Learning - Individualized Learning in K-12 Education and Beyond

Keven Bushweller, the Assistant Managing Editor at Education Week, emphasizes the significance of technology and how it provides teaching methods impactful real-time data tracking and adoption by developing adaptive curricula based on student performance, ensuring they attain proficiency in concepts before advancing. Additionally collaborative tools and social media strengthens student engagement by promoting engaging and collaborative learning. He states, “More than 90% of schools now report using digital tools to personalize learning in some way. The era of personalized learning in K-12 has clearly arrived.” (Bushweller, 2023, 00:10)

He added, “Personalized learning encouraged teachers to use individualized approaches and new technologies to help students reach their learning goals - and even goals around social, emotional, and physical development” (Bushweller, 2023, 00:25). Bushweller, in regards to the impact of

technology in supporting student outcomes, stated that “Thanks to the emerging technologies, teachers can now tailor their lessons specifically for individual students using adaptive curricula and assessments, data analytics, social media, and other digital learning tools” (Bushweller, 2023, 01:04). “We already know that personalized learning is having a big impact on K-12 education. In a recent Education Week Research Center national survey of school principals, a whopping 97% said their schools were using digital technologies to personalize learning in some fashion” (Bushweller, 2023, 01:30). Bushweller’s claim strengthens the extensive incorporation of technology in K-12 classrooms, suggesting that digitally enhanced personalization is becoming commonly utilized.

In TESOL, this could indicate that research-based platforms (e.g AI grammar checkers and adaptive reading rolls) assist tutors to track the progress of ESL students more effectively than conventional assessment methods. However, AI’s dependence on pre-existing data might limit nontraditional accents and dialects, making it difficult for various learners to attain advantage at an equal extent.

4. 2. 4. Balancing Ethics and Innovation: Dr. Nelly Deutch on Artificial Intelligence in Personalized Learning

Dr. Nelly Deustch, an experienced EFL (English as a Foreign Language) educator has incorporated technology into teaching since 1992 and is currently teaching immersive technologies in an online Master’s program at a university in Greece (Deutsch, 2023).

She emphasizes the role of personalized learning highlighting the impact of AI on helping with vocabulary & grammar exercises, writing and storytelling tasks, pronunciation training, and gamification of learning materials (Deutsch, 2023).

Dr. Nelly Deustch emphasized the benefits of artificial intelligence throughout her teaching journey stating, “AI saves me time. In the past, it used to take a lot of time to reach each and everyone of my students, especially if I had over 50 students per class” (02:40). She further stated, “Using AI tools, I can provide students with personalized exercises, conversation practice, writing assistance and story generation” (Deutsch, 2023, 4:10), emphasizing how students attain individualized support, which leads to improved comprehension and higher retention rates. Deutsch (2023) highlighted the significance of artificial intelligence throughout her educational journey, stating “AI tools allow students to work at their own pace, which is very important, especially for language learners” (Deutsch, 2023, 3:18).

Pat, a Ph.D. student at MIT Media Lab emphasizes the significance of AI as a source to encourage and amplify learning rather than a replacement for human-powered examination. He shares a story about his childhood enthusiasm with dinosaurs that initiated his interest in art, science, and technology. His parents utilized his passion to motivate his involvement in various subjects, displaying the efficiency of personalized learning when associated to a student’s natural interests (Pat, 2023). He emphasizes how AI can develop virtual instructors that align with the students’ interests, providing them with the chance to attain educational knowledge from people they admire. For instance, learners can attain knowledge in physics from Albert Einstein created by AI or learn history from an AI version of a famous historical figure. Pat and his team performed an

experiment where students took lessons from an AI instructor or a tech-model based on a character they admired. The study revealed that learners who undertook lessons from a personalized AI instructor demonstrated higher levels of motivation, amplified positive emotions during the learning episode, and enhanced enthusiasm to examine advanced topics related to their subject of study (Pat, 2023). This study revealed that students feel more linked and motivated when they communicate with teachers they relate to or admire. However, AI is meant to be a tool for enhancing learning experience, rather than being a tool for replacing teachers entirely.

Regarding the limitations of AI for personalized education, he stated, “If we don’t have knowledge to distinguish what is right and what is wrong, then we are doomed.” (Pat, 2023, 02:45) - emphasizing the need to train the teachers to effectively utilize technological devices in classrooms. He further added, “AI is only as good as what we put into it. If we stop producing new knowledge, our AI will only be as good as the past, and we won’t have a future” (Pat, 2023, 03:10). Pat’s research suggests that AI tutors were created according to admirable figures (e.g. favorite authors, historical figures) can improve student engagement.

Pat and his team conducted an experiment where students received lessons from an AI instructor or a tech-based model representing a character they admired. The results indicated that learners who engaged with a personalized AI instructor exhibited higher levels of motivation, increased positive emotions during learning, and greater enthusiasm for exploring advanced topics related to their subject of study (Pat, 2023). This study suggests that students feel more connected and engaged when learning from figures they relate to or admire. However, AI should be seen as a tool to enhance learning rather than replace teachers entirely. Pat and his team conducted an experiment where students received lessons from an AI instructor or a tech-based model representing a character they admired. The results indicated that learners who engaged with a personalized AI instructor exhibited higher levels of motivation, increased positive emotions during learning, and greater enthusiasm for exploring advanced topics related to their subject of study (Pat, 2023). This study suggests that students feel more connected and engaged when learning from figures they relate to or admire. However, AI should be seen as a tool to enhance learning rather than replace teachers entirely.

In TESOL, this could be interpreted to AI-enhanced conversation partners that replicate realistic discussions (e.g. a William Shakespeare created by AI can teach English Literature to students). Despite these statistics ameliorating student engagement, it raises ethical concerns - pupils may rely on AI-generated content without inquiring its authority. Therefore, when using AI-enhanced tutors, TESOL educators must teach students critical thinking skills.

4. 2. 5. Personalized Learning with AI Helper

AI Learning Helper, a resource created to help children in attaining the basic knowledge on how to read through an engaging and collaborative learning experience (AI Learning Helper, 2023). The AI system serves as a personalized learning companion, offering realistic feedback and guidance to assist children in developing their literary skills by providing explanations and definitions when children connect with new words, making learning more interactive and engaging (AI Learning Helper, 2023). If a child feels tired or struggles, the AI learning helper adapts the lesson according to their needs by offering to read the story aloud or interacting in a side conversation with them to keep them engaged in the lesson as this approach is similar to human tutoring, making it more student-centered and personalized learning experience. (AI Learning Helper, 2023). This aligns with constructivist learning theories, particularly Vygotsky’s Zone of

Proximal Development (ZPD), where students benefit from scaffolding to advance beyond their self-sufficient capabilities (Vygotsky, 1978).

However, while this tool is impactful for preliminary literacy development, its immediate relevance to TESOL learners depends on how well it adapts language learning fundamentals beyond basic literacy.

4. 6. 6 Further Insights into Digital Technology and TESOL: Advancing Research and Critical Findings

According to research by Omar Jian (2023), AI systems can process extensive datasets to recognize individual learning structures, providing the personalization of academic material to meet the specific learner needs. The research further revealed that AI-enhanced virtual assistants play the role of personal tutors, providing immediate feedback, responding to questions, and endorsing resources based on the student's educational trajectory. The study "The Role of Technology in Facilitating EFL Learning: A Case Study Approach" by Smith and Lee (2024), examines the incorporation of digital tools in English as a Foreign Language (EFL) education. The study conducted at Universitas Pahlawan Tuanku Tambusai evaluates how technology strengthens educational experiences, engagement, and efficiency while also determining crucial obstacles.

The case study adopted a qualitative case study framework, involving six lecturers and 74 students from the English Language Learning and Education Study Program. Researchers carried out classroom observations, interviews, and thematic analysis to evaluate the effect of technology on EFL learning. The findings discovered that learners and lecturers broadly comprehended technology as advantageous, strengthening accessibility, engagement, and personalized learning. However, restrictions such as technical difficulties, irregular device access, and tech proficiency were recognized as barriers to productive incorporation.

The case study coordinates with prior research revealing that technology improves second-language acquisition (Smith, 2017). However, it also elevates difficulties about digital equity, as irregular resource access can develop inequalities in educational opportunities (Jones & Lee, 2023). To discuss these obstacles, institutions must incorporate teacher training programs and contribute towards sufficient infrastructure assistance (Brown, 2022). Overall, the case study emphasizes the revolutionary prospects of technology in EFL learning but emphasizes the need for critical incorporation to resolve challenges. Future research should examine longitudinal studies to evaluate the long-term influence of technology on language learning and examine innovative solutions, such as AI-enhanced learning assistants (Chen, 2024).

A study published in the BMC Psychology revealed the role of TESOL and digital technology in attitudinal change and sustainable learning for students of higher education (Chen et al., 2023). Chen et al., (2023) emphasize that TESOL combined with digital systems strengthens behavioral change, making learners more comfortable with multicultural communication and prolonged language learning, and by incorporating technical resources in TESOL classrooms, language acquisition can be enhanced, fostering multicultural comprehension. This research finding aligns with the paper's focus on sustainable learning, as behaviours towards language learning strongly impacts long-term commitment and motivation (Dörnyei, 2005).

However, self-confidence is a crucial aspect in attitudinal change, and my study aims to examine whether technology instantly enhances students' confidence in utilizing English dynamically. A potential gap in the study is that it does not examine whether students' strengthened cultural

awareness and approach towards technology actually translate into enhanced language proficiency - my paper can address this.

4. 6. 8. Attitudes towards Online Teaching: Gender, Experience, and Age among Iranian English Language Teaching Teachers - an In-Depth Case Study

Research by Sadeghi and Azadibougar (2023) examines how demographic elements such as gender, age, and experience impact teachers' perspective of virtual education in TESOL. These outcomes are applicable to the paper's focus on digital technology, TESOL, self-efficacy, and student learning outcomes, as they emphasize possible obstacles to technology incorporation in language education. Sadeghi and Azadibougar (2023) discovered that male educators had a more positive perspective towards digital learning than female educators. Thai observations align with the research recommending that technology incorporation in education is often impacted by gender perceptions (Zhou & Xu, 2007).

From a TESOL outlook, this gender disparity could influence how digital resources are integrated into language teaching. If female educators are resistant towards digital education, learners under their instruction may have less opportunities for self-regulated learning (SRL) through online platforms (Zimmerman, 2002). Since SRL is a significant predictor of academic accomplishment in TESOL (Chen et al., 2023), it is crucial for academic institutions to tackle gender inequalities through professional advancement initiatives (Mishra & Koehler, 2006). Furthermore, socio-cultural learning theory (Vygotsky, 1978) highlights the function of educators in forming students' educational experiences. If gender inequalities in technology incorporation impact TESOL instruction, it may restrict learners' long-term engagement with online educational environments. The study by Sadeghi and Azadibougar (2023) also revealed that TESOL educators who are older and more experienced were less motivated to incorporate digital learning than young educators. This finding is coherent with research on technological resistance among experienced educators, where traditional pedagogies may not readily adapt technology incorporation (Selwyn, 2011). The resistance has notable outcomes for TESOL. If older and more experienced instructors keep away from digital resources, they may be less efficient amongst learners (Bandura, 1997). Self-confidence is a crucial aspect of sustainable learning, as learners who feel confident in their technical skills have a higher possibility of adapting long-term independent learning (Usher & Pajares, 2008). Furthermore, cognitive load theory (Sweller, 1988) suggests that more experienced teachers may face challenges with adjusting to latest technical pedagogies, as learning latest digital skills, and the operation of technical resources may amplify cognitive load.

This observation supports the argument that TESOL training programs should possess a systematic digital literacy advancement for experienced teachers (OECD, 2018).

4. 6. 9. The Rise of Digital Learning during COVID-19

Many ESL tutors did not possess the crucial skills to efficiently incorporate virtual environments for online teaching. This insufficiency often led to minimized confidence and efficacy in offering course material. This information can be backed up by a study conducted by Lukas and Yunus (2021), that emphasized the challenges encountered by ESL educators in regards to their ICT skills, lack of training and motivation, and insufficient access to resources, materials, and the internet (Zulkifli et al., 2022).

This study conducted in Malaysia revealed that preserving student participation and motivation in an online learning environment proved to be demanding. Lukas and Yunus (2021) observed that ESL tutors faced difficulties in classroom management, lack of face-to-face interactions, constrained availability to crucial resources contributed to diminished engagement between students (Lukas & Yunus, 2021). This takes us back to our previously stated observations, that student participation is known to increase with gamification, and the incorporation of other tools such as videography, etc. This study revealed a gap in the study with low student participation, which could have easily been fixed due to the implementation of gaming. Whereas, regarding the aspect of teacher's lack of knowledge in incorporating digital materials, this could have also been fixed with proper educator training.

4. 6. 10. Insight 6: Motivation and Autonomous Learning

A study conducted by Sarah Houssami and Driss Benattabou (2024), from the Department of English Studies, School of Arts and Humanities at Moulay Ismail University, Meknes, Morocco examined the relationship between the kinds of motivation - intrinsic, extrinsic, and amotivation - and participation in independent educational activities among Moroccan EFL university students. The research demonstrated a substantial positive relationship between intrinsic motivation and participation in autonomous educational activities, implying that essentially motivated learners have a stronger possibility of pursuing activities that assist language learning and independence. In contrast, extrinsic motivation demonstrated a frail correlation with autonomous learning, demonstrating its restricted role in developing student autonomy (Kormos & Csizér, 2014).

Chapter 5: Discussion

5.1 Overview of Key Insights

The study examined, evaluated and explored the incorporation of technology in TESOL classrooms, particularly emphasizing on personalized learning and its impact on students' learning and academic outcomes. The findings demonstrate that dynamic digital resources strengthen language acquisition, independent learning and motivation. The research also demonstrates the significant role of technology in providing personalized learning, allowing learners to advance at their own pace while obtaining customized feedback according to their educational needs.

However, despite the many benefits that the advancement of technology offers, complications with regards to usage, availability, and more aspects remain. There is a technology gap in individuals' access to education. Due to the lack of resources available for some learners, it creates inequalities in educational opportunities for some people. Furthermore, the study highlights a lack of training teachers attain to coherently incorporate technology in classrooms, highlighting the need for continuous professional development for educators to ensure they fully utilize technology in language teaching. Additionally, while AI-powered individualization has displayed numerous advantages, some investigations caution against unrestrained use of social media at the cost of human communication and cooperative learning. By comparing relevant literature, this study uncovers various interpretations on the impact and role of technology in TESOL classrooms. While some studies support a technologically enhanced revolution in language learning, others emphasize the invaluable function of educators in providing cultural, emotional and contextual assistance.

This chapter analytically participates with these observations, examining their significance, reviewing their implications for TESOL practice, policy, and theoretical frameworks.

5.2 Theoretical Implications

The outcomes of this research contribute to multiple theoretical discussions in the domains of second language acquisition (SLA), strengthening the applicability of constructivist, socio-cultural, and cognitive learning theories in digitally-optimized educational settings.

From a constructivist perspective, the study confirms that students have a maximum retention rate when they are assiduously involved in building their own understanding through interactive and experiential learning. Digitally enhanced personalized learning aids this by providing realistic scenarios, AI-optimized interactive practice, and immersive digital spaces that facilitate learners to incorporate language skills in authentic contexts. The outcomes also coordinate with the socio-cultural theory by Vygotsky, specifically his principle of the Zone of Proximal Development (ZPD). Artificially-enhanced tutors and adjustable learning systems operate as mechanisms for scaffolding, offering students with just-in-time support that guides them to advance beyond their current level of skill. However, the research also emphasizes the issues regarding the possible minimization of human-guided social interactions in TESOL contexts.

While AI-powered resources can simplify language practice, they cannot entirely reiterate the detailed, culturally integrated interactions that human teachers provide to the students. Although the personalized learning strategies merged with technology-augmented learning connects with socio-cultural and constructivist theories, it contradictorily demonstrates a challenge to one of their key principles: the significance of social interaction in language acquisition. Vygotsky's (1978) socio-cultural theories, highlights that students produce language competence through verbal communication, peer interaction, and structured teaching with their Zone of Proximal Development (ZPD). However, extensively personalized technological educational models may inadvertently restrict these social interchanges, highlighting algorithm-powered individualization over significant, realistic communication. Studies recommend learners interacting predominantly with artificially enhanced pedagogical resources may form robust lexical and grammatical capabilities, but struggle with conversational fluency, situational awareness, and cultural subtleties - all of which are crucial in language use (Pennycook, 2021).

This elevates a key question, does an essential question: does an over accentuation on personalization threaten shattering language learning into a solitary, commercial procedure rather than a socially-ingrained practice. To tackle this, a hybrid teaching model that incorporates personalized digital learning with systematic collaborative articles - such as peer discussions, task-based language learning, and instructor-guided discussions - may provide a more equitable plan. Without such incorporation, there is a concern of TESOL learning forming their linguistic competency in isolation, withdrawn from engaging, communicative experiences that elaborate on practical language use. Moreover, the research extends into the application of Cognitive Load Theory (CLT) into the TESOL environment (Sweller, 1988).

Technologies related to personalized learning can facilitate cognitive analyzing content complexity based on learner needs, which also prevents information overload. This coordinates with existing literature on the significance of versatile learning in minimizing nonessential cognitive load and strengthening long-term comprehension of linguistic structures.

Another theoretical implication associates to the developing function of artificial intelligence in educational psychology. The growth in technology-integrated TESOL learning raises concerns about a balance between human and automated pedagogy. Even though AI offers a streamline

learning journey with personalized insights, it does not possess the cultural awareness, emotional intelligence and motivational tactics that human teachers provide.

Future theoretical frameworks must therefore consider hybrid models of teaching that incorporate AI and human-directed pedagogies through mutually beneficial strategies. If proper balance is maintained, AI can assist teachers to develop engaging pedagogies, and lesson plans which can also make the learning process easier for the students.

5.3 Practical Implications for Educators and Institutions

For TESOL educators, the observations suggest a critical need for educational adaptation. With the growing use of technology, educators must attain proficiency in blended learning strategies that incorporate digital resources with traditional educational approaches. While artificial-intelligence driven frameworks can strengthen language learning, they should be used as additional resources rather than substitutes for educator-driven pedagogies. Institutions must therefore emphasize extensive digital literary training programs to provide educators with the skills to provide educators with the knowledge to handle and incorporate evolving technologies efficiently in classrooms to drive student engagement.

Another significant practical implication is the requirement of data-oriented pedagogies. AI-driven educational platforms assemble immense volumes of student performance details, which can be examined to recognize learning sequences, competences, and areas for amelioration. However, academic institutions that will provide training for technology integration for its educators must ensure that they provide teachers with proper training in comprehending and employing this data conscientiously, rather than depending exclusively on algorithmic recommendations. Ethical considerations encompassing student data privacy and algorithmic bias must also be handled to inhibit potential mishandling of AI-powered perceptions.

This research also highlights the significance of student autonomy and motivation in TESOL environments that are equipped with technological resources. Educators should incorporate approaches that encourage self-directed learning, enabling learners to take control of their progress. Gamification elements, such as badges, leaderboards, and progress tracking, can strengthen motivation and generate a sense of engagement and achievement. For academic institutions, the aforementioned research findings emphasize the need for investing in adaptive learning digital technologies for the benefits of the students. Universities and schools should consider integrating platforms enhanced by artificial intelligence, virtual reality powered simulations, and engaging automated textbooks into their TESOL curriculum. However, they must also ensure that these technologies can be accessed by all students, including the ones who come from a low socio-economic background. Equal access to technology gadgets, high-speed internet, and virtual learning tools for everyone, irrespective of their financial background, must be a priority in the strategic planning for academic institutions to ensure that all students acquire crucial technical skills which will be helpful for their future career aspirations.

Finally, the research scores the significance of collaborative learning frameworks. TESOL educators should be supported to distribute best techniques, co-create digital pedagogies, and participate in cross-organizational professional learning networks. This will ensure that technology integration with personalized learning is not just efficiently incorporated but consistently enhanced through joint competency and continuous research.

Conclusion: A Progression to the Final Chapter

Rather than retrieving a final conclusion, this chapter analytically evaluated the research findings, placing them within the wider pedagogical, policy and theoretical frameworks. It examined the restrictions and power of digitally augmented individualized learning, emphasizing the necessity for stable, principled, and academically incorporated techniques in TESOL education. The evaluation also highlighted the significance of educator training, institutional financing, and regulatory change to assure the efficient incorporation of technologies in personalized learning.

The next chapter will provide an extensive conclusion, synthesizing the total contributions of this research and presenting suggestions for future practice, policy and research guidelines in digitally enhanced TESOL environments.

Chapter 6: Conclusion and Recommendations

6.1 Summary of Research

This paper has evaluated and analyzed the integration of technology in TESOL classrooms, emphasizing on personalized learning and its impact on student engagement and learning outcomes. The research intended to examine whether technological resources and individualized learning technologies strengthen student engagement, retention and linguistic capabilities in English students. Moreover, it explored how educators can efficiently incorporate personalized learning methodologies to enhance student outcomes.

This study implemented a secondary research approach, facilitating an extensive literature review to examine existing research, observational studies and educational reports associated with digitally-augmented personalized learning in TESOL. By unifying and merging various scholarly perspectives, the paper critically examined the efficiency of AI-driven educational resources, individualized learning systems and gamification in language education. Outcomes recommend that personalized digital learning strengthens motivation, engagement and knowledge preservation when incorporated appropriately. Artificial intelligence powered frameworks, such as digital tutoring resources and individualized assessments, facilitate distinguished instruction, permitting learners to develop at personalized developments. However, several complications such as connectivity gap, deficiency of educator preparation, and minimized communicative language adoption surfaced as essential concerns. Additionally, while technology adapts and individualizes pedagogies, it cannot completely substitute human-facilitated language learning, as collaborative discussions, instantaneous feedback, and ethno-cultural engagements remain crucial in language learning.

This paper contributes to TESOL pedagogy by highlighting the significance of blended learning, endorsing a well-proportioned incorporation of AI-resources with a systematic student-teacher collaboration. The following sections emphasize the research's insights to knowledge, practical recommendations, and future research directions.

6.2 Contributions to Existing Knowledge

This study contributes to the field of Applied Linguistics and TESOL in diverse mechanisms:

6.2.1 Connecting Personalized Learning and Digital Advancements in TESOL

While current available research has examined technology integration and personalized learning in language learning, limited research has evaluated how the two link in a TESOL classroom. This research compiles these perspectives, demonstrating that personalization supported by digital resources strengthens students' self-sufficiency, motivation and independent learning strategies.

6.2.2 Developing Theoretical Frameworks in Technology-Enhanced Learning (TEL):

- This research emphasizes Vygotsky's (1978) socio-cultural theory, demonstrating that AI-enhanced educational tools can contribute towards digital scaffolding, assisting learners in their Zone of Proximal Development (ZPD).
- Cognitive Load Theory (Sweller, 1988) is implemented to adaptive learning technologies, portraying how AI minimizes redundant cognitive load, enhancing pedagogical complexity based on student performance.
- The paper analytically examines whether extreme dependence on AI-powered educational tools may isolate learners, minimizing their communicative and collective prospects, which is a significant limitation of

6.2.3 Addressing the Digital Divide and TESOL Pedagogy

The research highlights concerns about digital equity, arguing that disparities in technological access can widen educational inequalities. Furthermore, it identifies teacher preparedness as a significant factor in effective digital pedagogy, emphasizing the need for TESOL training programs that integrate AI literacy and digital instructional strategies. By examining both the benefits and limitations of technology-enhanced personalized learning, this study offers a comprehensive perspective on the future of TESOL pedagogy in the digital era.

6.3 Recommendations for TESOL Practice

To strengthen TESOL pedagogy and learning results, numerous practical recommendations originate from this research:

6.3.1 Blended Learning Models for TESOL Classrooms

Teachers should merge technology-strengthened personalization with conventional, communicative classroom procedures to strengthen learner engagement and language learning. Recommended procedures include:

- Artificial-intelligence driven individualized learning sources for vocabulary, grammar, and pronunciation while utilizing classroom discussions and collective tasks for realistic communication
- Reversed instruction models, where students interact with digital lessons before class, permitting for a more communicative peer discussion and practical exercises during lessons

6.3.2 Educator Training and Technological Proficiency Development

Academic institutions should invest in the professional development for its TESOL educators to:

- Expand their AI literacy and digital-incorporation skills for language pedagogy
- Train teachers to stabilize digital resources with communicative pedagogies, mitigating over-dependence of Artificially-enhanced teaching
- Provide frameworks on AI ethics and student's data privacy, guaranteeing ethical use of technical educational platforms

6.3.3 Advocating for Digital Inclusivity

To alleviate the digital disparity, academic institutions should:

- Provide affordable or funded digital tools to students from underprivileged backgrounds
- Produce offline, AI-enhanced TESOL tools for learners with restricted internet access
- Facilitate unrestricted access to digital educational devices that provide learners from varied socio-economic and cultural backgrounds to participate in individualized learning without financial limitations

6.3.4 Incorporating AI-Powered Assessments with Human Feedback

Academic institutions specializing in TESOL should incorporate assessment powered by artificial intelligence to monitor learner progress and individualized learning plans while guaranteeing that:

- Artificial Intelligence evaluations are supplemented with human feedback to strengthen nuanced educational experiences
- AI-enhanced chatbots and speech recognition sources enhance pedagogical journey, but do not substitute for communicative practice in language learning

6.3.5 Guaranteeing Harmonious Personalized Learning to Sustain Communicative Proficiency

To circumvent the isolation impact of AI-enhanced personalized learning, educators must:

- Implement collaborative learning tasks, such as peer discussions, role-playing exercises, and debate activities
- Utilize combined AI resources, such as chatbots for language augmentation while confirming that learners participate in realistic conversations

6.4 Recommendations for Future Research

Despite demonstrating crucial observations, this research also highlights various areas demanding additional evaluation:

6.4.1 Long-Term Impacts of AI-Enhanced Personalized Learning in TESOL

Future research should perform extended-period research to examine:

- Whether a combination of AI and personalized learning results in sustained language proficiency over time.
- How AI-enhanced education affects long-term student engagement, fluency advancement and motivation.

6.4.2 The Function of Artificial Intelligence in Strengthening Multicultural Communication in TESOL

As culture and language are profoundly interrelated, future research should examine:

- How AI-enhanced TESOL resources integrate cultural competence in language acquisition
- The range to which AI-powered individualization adjusts to varied cultural and linguistic contexts

6.4.3 AI Ethics and Data Protection in TESOL

With the extended dependence on AI-powered language resources, future research should analyze:

- How learner data is compiled, preserved and utilized in personalized AI-augmented learning systems
- Whether AI-supported TESOL frameworks introduce algorithmic biases that impact the learners' educational experiences

6.4.4 Educator Observations and Accommodation to AI in TESOL

Future research should examine:

- How TESOL educators comprehend and adjust to personalized learning enhanced by AI models
- The impact of AI in reconceptualizing teacher autonomy, academic strategies, and curriculum design

6.5 Final Reflections

This research emphasizes the revolutionary perspective of digitally-enhanced personalized learning in TESOL while also recognizing its obstacles and ethical considerations. The findings imply that technical resources can drive student engagement, while enhancing independent

learning and comprehension if it is strategically incorporated. However, the research also highlights the essentiality of human communication in language learning, promoting a hybrid perspective that incorporates technology with interactive and communicative learning methods.

As I reflect on the research process, one of the significant obstacles was traversing through the ever-changing technological domain of EdTech in TESOL. As adaptive learning technologies and AI tools continue developing, TESOL pedagogy must remain flexible, ethical and educationally solid. Eventually, the research reiterates that technology should not replace educators, but must be utilized in a balanced way to empower and fulfill the educational needs of the students and the academic institutions specializing in TESOL programs. By incorporating a proportional, learner-centered, and ethically accountable approach to personalized learning with a combination of technology, TESOL educators can establish a more immersive, efficient and comprehensive learning environment for the future generation.

6.6 Final Thought: The Future of TESOL in a Digital Era

As we step into the ever-evolving era of technology, there is no denying the fact that the future of education is expected to be filled with technological advancements which will be embraced by not just TESOL field, but by subjects in academia. As we move into the era of AI-enhanced education, digital classrooms, and data-powered learning, the TESOL domain must embrace the originality, ingenuity, creativity and advancement offered by digital resources while safeguarding the human fundamentals of language acquisition. The future of TESOL resides not in choosing between tradition and technology, but in combining both the crucial aspects to produce the best possible pedagogical outcomes for students, making sure that personalization helps students improve their linguistic capabilities rather than diminishing it.

Bibliography

- African Institute of Science and Technology. (2023). AI and adaptive learning in higher education. *DSPACE Repository*. <https://dspace.nm-aist.ac.tz/handle/20.500.12479/1920>
- Afzal, F., Shahzad, W., & Farooq, M. A. (2025). *The effect of technology-assisted language learning on the motivation of ESL learners*. *Journal of Applied Linguistics and TESOL (JALT)*, 8(1). Retrieved from <https://jalt.com.pk/index.php/jalt/article/view/358>
- Alamri, H., Lowell, V., Watson, W., & Watson, S. L. (2019). Using personalized learning as an instructional approach to motivate learners in online higher education: Learner self-determination and intrinsic motivation. *Journal of Research on Technology in Education*, 3(5), 1–15. <https://doi.org/10.1080/15391523.2019.1667250>
- Alamri, H., Lowell, V., Watson, W., & Watson, S. L. (2019). Using personalized learning as an instructional approach to motivate learners in online higher education: Learner self-determination and intrinsic motivation. *Journal of Research on Technology in Education*, 3-5.
- Al-Khalidi, I. (2021). Using the Triple E Framework as an instructional design tool for the assessment of technology integration in a variety of TESOL contexts. *The Asian ESP Journal*, 47.
- Alshahrani, T. (2017). *Using digital technologies as a learning tool in the TESOL classroom*. In Proceedings of the 3rd Multidisciplinary Conference, Vienna, Austria, 5-7 April 2017. RSEP International Conferences on Social Issues and Economic Studies. [PDF]. Retrieved from https://rsepconferences.com/my_documents/my_files/11_TURKIAH_ALS.pdf

- Alshahrani, T. (2024). Using digital technologies as a learning tool in TESOL classrooms. *Journal of Applied Linguistics and TESOL*, 11(2), 45-60.
- Alshuraiaan, A., & Almfleh, H. (2023). Exploring effective pedagogical approaches and strategies for TESOL education to enhance English language learning in Kuwait. *International Journal of TESOL Education*, 9(1), 110-125.
- Al-Zeebaree, S. I. T., & Ameen, S. T. (2024). Transformative impacts of technological advancements in English language teaching: A comprehensive analysis within the TESOL context in Duhok City, Iraq. *ResearchGate*. Retrieved from https://www.researchgate.net/publication/384928213_Transformative_Impacts_of_Technological_Advancements_in_English_Language_Teaching_A_Comprehensive_Analysis_within_the_TESOL_Context_in_Duhok_City_Iraq
- Bandura, A. (1997). *Self-efficacy: The exercise of control*. W. H. Freeman.
- Bang, T. C. (2024). *Technology integration in English language education: An evolving paradigm. Exploring Contemporary English Language Education. (Publisher details needed for a complete citation.)*
- Bergmann, J., & Sams, A. (2012). *Flip your classroom: Reach every student in every class every day*. International Society for Technology in Education.
- Bergmann, J., & Sams, A. (2012). *Flip your classroom: Reach every student in every class every day*. International Society for Technology in Education.
- Bui, H. P., & Cong-Lem, N. (2023). Emerging innovations in technology-assisted TESOL practices. *International Journal of TESOL Studies (IJTS)*. Retrieved from <https://www.tesolunion.org/attachments/files/>
- Celik, B. (2024). The positive effect of technology-integrated teaching on students' grammar learning. *Arab World English Journal (AWEJ)*, 12(3), 210-225.
- Chapelle, C. A. (2016). *Teaching culture in second language acquisition: Theory and practice*. Cambridge University Press.
- Chapelle, C. A. (2016). *Teaching culture in second language acquisition: Theory and practice*. Cambridge University Press.
- Chen, F., Gao, Y., & Wang, X. (2023). Exploring the role of TESOL and digital technology in attitudinal change and sustainable learning for students of higher education. *BMC Psychology*, 11, Article 320. <https://doi.org/10.1186/s40359-023-01372-3>
- Chen, F., Gao, Y., & Wang, X. (2023). Exploring the role of TESOL and digital technology in attitudinal change and sustainable learning for students of higher education. *BMC Psychology*, 15(1), 32-45.
- Chen, F., Gao, Y., & Wang, X. (2023). Exploring the role of TESOL and digital technology in attitudinal change and sustainable learning for students of higher education. *BMC Psychology*, 11, Article 320. <https://doi.org/10.1186/s40359-023-01372-3>
- Chen, Y. (2024). Enhancing language acquisition: The role of AI in facilitating effective language learning. *Proceedings of HWESM 2024*. Atlantis Press. Retrieved from <https://www.atlantis-press.com/proceedings/hwesm-24/126000376>
- Cunningham, R. W. H. L. (2023). *Creating interactive sociocultural environments for self-regulated learning*. In *Self-Regulation of Learning and Performance: Issues and Educational Applications* (Vol. 17).

- Destin Learning. (2025, February 18). *AI in education - Personalized learning and AI tutors* [Video]. YouTube. <https://www.youtube.com/watch?v=EERBXrsWAOo>
- Deutsch, N. (2024, October 26). *Generative AI for personalized learning environments* [Video]. YouTube. https://www.youtube.com/watch?v=mr97aeY_wPw
- Domínguez, A., Saenz-de-Navarrete, J., de-Marcos, L., Fernández-Sanz, L., Pagés, C., & Martínez-Herráiz, J. J. (2013). Gamifying learning experiences: Practical implications and outcomes. *Computers & Education*, 63, 380–392.
- Dörnyei, Z. (2019). *The psychology of the language learner: Individual differences in second language acquisition*. Routledge.
- Dörnyei, Z. (2019). *The psychology of the language learner: Individual differences in second language acquisition*. Routledge.
- Drexel University School of Education. (n.d.). *How to use technology in the classroom: Benefits & effects*. Drexel University. Retrieved from <https://drexel.edu/soe/resources/student-teaching/advice/how-to-use-technology-in-the-classroom/>
- Drexel University. (2025). *How to use technology in the classroom*. <https://drexel.edu/soe/resources/student-teaching/advice/how-to-use-technology-in-the-classroom/>
- Education Week. (2019, November 6). *Personalized learning in K-12 schools, explained* [Video]. YouTube. <https://www.youtube.com/watch?v=hd22P4RDmtg>
- eLearning Industry. (n.d.). *The impact of personalized learning*. Retrieved March 14, 2025, from [eLearning Industry](https://elearningindustry.com/impact-of-personalized-learning).
- eLearning Industry. (n.d.). *The impact of personalized learning*. Retrieved from <https://elearningindustry.com/impact-of-personalized-learning>
- Enciso, P. (2020). *Reframing history in sociocultural theories: Toward an expansive vision*. In P. Enciso (Ed.), *Reframing sociocultural research on literacy* (pp. 49–74). Routledge. <https://doi.org/10.4324/9780429442069-3>
- Glăveanu, V. P. (2020). *A sociocultural theory of creativity: Bridging the social, the material, and the psychological*. *Review of General Psychology*, 24(4), 335–354. <https://doi.org/10.1177/1089268020961763>
- Godwin-Jones, R. (2015). Contributing, creating, curating: Digital literacies for language learners. *Language Learning & Technology*, 19(3), 8–20.
- Godwin-Jones, R. (2018). Personalized language learning in the age of AI. *Language Learning & Technology*, 22(3), 1-15.
- Godwin-Jones, R. (2018). *Second language vocabulary learning with digital tools and resources: A review of the state of the field*. *Language Learning & Technology*, 22(2), 1–15.
- Godwin-Jones, R. (2018). *Second language vocabulary learning with digital tools and resources: A review of the state of the field*. *Language Learning & Technology*, 22(2), 1-15.
- Hashim, S. J., & Alahmed, S. (2023). *The role of technology in the process of education: A systematic review study*. *Innovational Research in ELT*, 4(1), 73–79. Retrieved from https://www.irelt.org/files/23/manuscript/manuscript_3791/irelt-3791-manuscript-130529.pdf
- Hazarika, Z. (2017). *Exploring the impact of technology in teaching English: TESOL in the context*. *European Journal of English Language and Literature Studies*, 5(10), 19-28

- Retrieved from <https://www.eajournals.org/wp-content/uploads/Exploring-the-Impact-of-Technology-in-Teaching-English-Tesol-in-the-Context.pdf>
- Herawati, A. (2023). *Personalized learning in teaching English as a foreign language: Limiting the challenges, increasing its effectiveness*. In Proceedings of the 20th AsiaTEFL-68th TEFLIN-5th iNELLTAL Conference (ASIA TEFL 2022) (pp. 3–12). https://doi.org/10.2991/978-2-38476-054-1_2
- Honigsfeld, A., & Dove, M. (2009). *Ten ways to incorporate technology into a TESOL teacher preparation program*. *Contemporary Issues in Technology and Teacher Education*, 9(2). Retrieved from <https://citejournal.org/volume-9/issue-2-09/current-practice/ten-ways-to-incorporate-technology-into-a-tesol-teacher-preparation-program/>
- Honigsfeld, A., & Dove, M. (2009). *Ten ways to incorporate technology into a TESOL teacher preparation program*. *Contemporary Issues in Technology and Teacher Education*, 9(2).
- Honigsfeld, A., Giouroukakis, V., Cohan, A., & Walsh, M. (2009). Ten ways to incorporate technology into a TESOL teacher preparation program. *Contemporary Issues in Technology and Teacher Education*, 9(2). Retrieved from <https://citejournal.org/volume-9/issue-2-09/current-practice/ten-ways-to-incorporate-technology-into-a-tesol-teacher-preparation-program/>
- Houssami, S., & Benattabou, D. (2024). Intersections of motivation and autonomous learning activities among Moroccan EFL university students. *TESOL and Technology Studies*, 5(2), 1–20. <https://doi.org/10.48185/tts.v5i2.1194>
- Huang, Y.-M., Liang, T.-H., Su, Y.-N., & Chen, N.-S. (2012). Empowering personalized learning with an interactive e-book learning system for elementary school students. *Educational Technology Research and Development*, 60(4), 703–722. <https://doi.org/10.1007/s11423-012-9237-6>
- Huang, Y.-M., Liang, T.-H., Su, Y.-N., & Chen, N.-S. (2012). Empowering personalized learning with an interactive e-book learning system for elementary school students. *Educational Technology Research and Development*, 60(4), 703–722. <https://doi.org/10.1007/s11423-012-9237-6>
- Hwang, Y., & Oh, J. (2021). *The relationship between self-directed learning and problem-solving ability: The mediating role of academic self-efficacy and self-regulated learning among nursing students*. *International Journal of Environmental Research and Public Health*, 18(4), 1738. <https://doi.org/10.3390/ijerph18041738>
- Indrastana, N. S. (2022). Integrating technology into language teaching: Best practices and emerging trends. *Transformational Language Literature and Technology Overview in Learning (TRANSTOOL, 1)*(4), 25-30. <https://doi.org/10.55047/transtool.v1i4.1368>
- Indrastana, N. S. (2022). Integrating technology into language teaching: Best practices and emerging trends. *Transformational Language Literature and Technology Overview in Learning (TRANSTOOL, 1)*(4), 25-30. <https://doi.org/10.55047/transtool.v1i4.1368>
- Jian, M. J. K. O. (2023). Personalized learning through AI. *Advances in Engineering Innovation*, 5(1). <https://doi.org/10.54254/2977-3903/5/2023039>
- Jones, T., & Lee, S. (2023). Technology in EFL classrooms: Barriers and solutions. *TESOL Research Quarterly*, 32(4), 112-130.
- Kalyani, L. K. (2024, April). *The role of technology in education: Enhancing learning outcomes and 21st-century skills*. *International Journal of Scientific Research in Modern Science and*

- Technology, 3(4), 5-10. <https://doi.org/10.59828/ijrmst.v3i4.199>
- Kasneci, E., Seßler, K., Küchemann, S., Bannert, M., Dementieva, D., Fischer, F., Gasser, U., Groh, G., Günemann, S., & Hüllermeier, E. (2023). ChatGPT for good? On opportunities and challenges of large language models for education. *Learning and Individual Differences*, 103, 102274. <https://doi.org/10.1016/j.lindif.2023.102274>
- Lan, Y. J., Sung, Y. T., & Chang, K. E. (2018). A mobile-assisted collaborative reading model for English as a foreign language learners. *Computers & Education*, 126, 284–296. <https://doi.org/10.1016/j.compedu.2018.07.002>
- Lan, Y. J., Sung, Y. T., & Chang, K. E. (2018). A mobile-assisted collaborative reading model for English as a foreign language learners. *Computers & Education*, 126, 284-296.
- Lantolf, J. P., & Thorne, S. L. (2006). *Sociocultural theory and the genesis of second language development*. Oxford University Press.
- Lee, S., Kuo, L. J., Xu, Z., & Hu, X. (2022). The effects of technology-integrated classroom instruction on K-12 English language learners' literacy development: A meta-analysis. *Computer Assisted Language Learning*, 35(4), 502-519.
- Li, M. (2020). Multimodal pedagogy in TESOL teacher education: Students' perspectives. *System*, 94, 102337. <https://doi.org/10.1016/j.system.2020.102337>
- Lukas, B. A., & Yunus, M. M. (2021). ESL lecturers' adaptation to the new norm of online teaching. *International Journal of Learning, Teaching and Educational Research*, 20(2), 330–348. <https://www.ijlter.org/index.php/ijlter/article/view/3362>
- Lukas, B. A., & Yunus, M. M. (2021). ESL teachers' challenges in implementing e-learning during COVID-19. *International Journal of Learning, Teaching and Educational Research*, 20(2), 330–348. <https://doi.org/10.26803/ijlter.20.2.18>
- Lukas, B. A., & Yunus, M. M. (2021). ESL teachers' challenges in implementing e-learning during COVID-19. *International Journal of Learning, Teaching and Educational Research*, 20(2), 330–348. <https://doi.org/10.26803/ijlter.20.2.18>
- MDPI Computers Journal. (2023). AI-driven personalized learning systems. *Computers*, 12(8), 153. <https://www.mdpi.com/2073-431X/12/8/153>
- MDPI Education Journal. (2023). AI in education: Challenges and opportunities. *Education*, 13(7), 692. <https://www.mdpi.com/2227-7102/13/7/692>
- Merriam-Webster. (n.d.). Self-paced. In *Merriam-Webster.com dictionary*. Retrieved February 9, 2025, from <https://www.merriam-webster.com/dictionary/self-paced>
- Merriam-Webster. (n.d.). Self-paced. *Merriam-Webster.com dictionary*. Retrieved February 9, 2025, from <https://www.merriam-webster.com/dictionary/self-paced>
- Microsoft Developer. (2024, July 15). *AI-powered personalized learning* [Video]. YouTube. https://www.youtube.com/watch?v=Hmulxuk_i5A
- Mishra, P., & Koehler, M. J. (2006). Technological pedagogical content knowledge: A framework for teacher knowledge. *Teachers College Record*, 108(6), 1017–1054. <https://doi.org/10.1111/j.1467-9620.2006.00684.x>
- Mosaiyebzadeh, F., Pouriye, S., Parizi, R. M., Dehbozorgi, N., Dorodchi, M., & Batista, D. M. (2023). Exploring the role of ChatGPT in education: Applications and challenges. In *Proceedings of the 24th Annual Conference on Information Technology Education* (pp. 1–6). ACM. <https://doi.org/10.1145/3585059.3611445>

- Nurhidayat, E., Mujiyanto, J., & Yuliasri, I. (2023). Examining the impact of technology integration on teachers' digital literacy and professional competencies in English as a foreign language (EFL) classrooms. *Journal of Namibian Studies*, 15(2), 100-115.
- Pate, K., Powers, K., Coffman, M. J., & Morton, S. (2022). *Improving self-efficacy of patients with a new ostomy with written education materials: A quality improvement project*. *Journal of PeriAnesthesia Nursing*, 37(5), 620–625. <https://doi.org/10.1016/j.jopan.2022.04.001>
- Pazilah, F. N., Hashim, H., & Yunus, M. M. (2019). Using technology in ESL classrooms: Highlights and challenges. *Creative Education*, 10(12), 3205–3212.
- Pennycook, A. (2021). *Critical applied linguistics: A critical introduction*. Routledge.
- Pennycook, A. (2021). *Critical applied linguistics: A critical introduction*. Routledge.
- Petersen, C., Hansen, T., & McCarthy, K. (2021). *AI and adaptive learning: How technology personalizes language instruction*. *TESOL Quarterly*, 55(4), 789–806.
- Petersen, C., Hansen, T., & McCarthy, K. (2021). AI and adaptive learning: How technology personalizes language instruction. *TESOL Quarterly*, 55(4), 789–806.
- Petersen, C., Hansen, T., & McCarthy, K. (2021). AI and adaptive learning: How technology personalizes language instruction. *TESOL Quarterly*, 55(4), 789-806.
- Piaget, J. (1952). *The origins of intelligence in children* (M. Cook, Trans.). W. W. Norton. (Original work published 1936)
- Putri, A. M. J., & SS, M. (2024). *Technology integration in TEFL: A review of emerging trends and best practices*. Google Books. (No DOI available, please provide a direct link for proper citation.)
- Rahmanipur, A., & Shokri, M. (2025). Improved personalized language learning for English learners: A systematic review of NLP's impact. *9th International Conference on Researches in Science & Engineering and 6th International Congress on Civil, Architecture and Urbanism in Asia*. Kasem Bundit University, Bangkok, Thailand.
- Raja, R., & Nagasubramani, P. C. (2018, May). *Impact of modern technology in education*. *Journal of Applied and Advanced Research*, 3(S1), 33-35. <https://doi.org/10.21839/jaar.2018.v3S1.165>
- Ranasinghe, A. I., & Leisher, D. (2009). *The benefit of integrating technology into the classroom*. *International Mathematical Forum*, 4(40), 1955–1961. Retrieved from <https://m-hikari.com/imf-password2009/37-40-2009/ranasingheIMF37-40-2009.pdf>
- Rao, P. S. (2019). *The role of English as a global language*. *Research Journal of English (RJOE)*, 4(1), 65–75. Oray's Publications.
- Rao, P. S. (2019). The role of English as a global language. *Research Journal of English (RJOE)*, 4(1), 65. Retrieved from https://www.researchgate.net/publication/334282978_THE_ROLE_OF_ENGLISH_AS_A_GLOBAL_LANGUAGE
- Reinders, H., & Benson, P. (2017). *Beyond the language classroom: Theories and practices of informal language learning and teaching*. Palgrave Macmillan.
- Reinders, H., & Benson, P. (2017). *Beyond the language classroom: Theories and practices of informal language learning and teaching*. Palgrave Macmillan.
- Sartini, K., Ratih, K., & Fauziati, E. (2024). Innovative pedagogies: Enhancing ELT/TESOL through technology and collaboration. *Journal of Literate English Education Study Program*, 5(2), 136-146. <https://doi.org/10.47435/jle.v5i2.3080>

- Scientific Research Papers Collection. (2019). AI-assisted learning environments: A systematic review. *ScienceDirect*.
<https://www.sciencedirect.com/science/article/abs/pii/S1747938X19306487>
- Selwyn, N. (2011). *Education and technology: Key issues and debates*. Bloomsbury Academic.
- Semantic Scholar. (2021). AI-assisted teaching and assessment in higher education.
<https://pdfs.semanticscholar.org/20f7/224d4f90b271750445ea92ca7062ca8c4ebc.pdf>
- Shahid, C., Gurmani, M., Rehman, S. U., & Saif, L. (2023). The role of technology in English language learning in online classes at tertiary level. *Journal of Social Sciences Review*, 3(2), 232-247. <https://doi.org/10.54183/jssr.v3i2.215>
- Shemshack, A., & Spector, J. M. (2020). A systematic literature review of personalized learning terms. *Smart Learning Environments*, 7(33). <https://doi.org/10.1186/S40561-020-00140-9>
- Shemshack, A., & Spector, J. M. (2020). *Smart learning environments*. Springer.
- Siemens, G. (2013). Learning analytics: The emergence of a discipline. *American Behavioral Scientist*, 57(10), 1380–1400. <https://doi.org/10.1177/0002764213498851>
- Siemens, G. (2013). Learning analytics: The emergence of a discipline. *American Behavioral Scientist*, 57(10), 1380–1400. <https://doi.org/10.1177/0002764213498851>
- Siemens, G. (2013). Learning analytics: The emergence of a discipline. *American Behavioral Scientist*, 57(10), 1380–1400. <https://doi.org/10.1177/0002764213498851>
- Solikhah, N. A. (2023). The impact of technology in teaching and learning English as a foreign language: TESOL context. *Journal Corner of Education, Linguistics, and Literature*, 5(1), 87-101.
- Springer Book Chapter. (2019). The role of AI in shaping future education. *Advances in Educational Technology*, 5(2), 34. https://link.springer.com/chapter/10.1007/978-1-4614-3185-5_34
- Springer. (2020). AI and education: Emerging trends. *Smart Learning Environments*, 5(1), 34. <https://link.springer.com/article/10.1186/s40561-020-00140-9>
- Subasaryana, R., & Saranya, S. (2024, August). *The impact of technology on society: Positive and negative effects*. International Conference on Media, Society, and Politics, Chennai, India. Retrieved from https://www.researchgate.net/publication/382947156_The_Impact_of_Technology_on_Society_Positive_and_Negative_Effects
- Sweller, J. (1988). Cognitive load during problem solving: Effects on learning. *Cognitive Science*, 12(2), 257–285. https://doi.org/10.1207/s15516709cog1202_4
- Sweller, J. (1988). Cognitive load during problem solving: Effects on learning. *Cognitive Science*, 12(2), 257–285. https://doi.org/10.1207/s15516709cog1202_4
- Taylor & Francis. (2015). AI in education policy and its impact. *Journal of Education Policy*, 30(2), 113–130. <https://www.tandfonline.com/doi/abs/10.1080/02680939.2015.1132774>
- TESOL Australia. (n.d.). *How to use gamification in TESOL lessons*. Retrieved March 14, 2025, from <https://www.tesolau.com/how-to-use-gamification-in-tesol-lessons>
- TESOL Australia. (n.d.). *How to use gamification in TESOL lessons*. Retrieved from <https://tesolau.com/how-to-use-gamification-in-tesol-lessons>
- Tomlinson, C. A. (2001). *How to differentiate instruction in mixed-ability classrooms*. ASCD.

- Tomlinson, C. A. (2001). *How to differentiate instruction in mixed-ability classrooms*. ASCD.
- Twyman, J. S. (2018). *Digital technologies in support of personalized learning*. Center on Innovations in Learning. <https://files.eric.ed.gov/fulltext/ED607620.pdf>
- Udeh, C. G. (2025). The role of generative AI in personalized learning for higher education. *World Journal of Advanced Engineering Technology and Sciences*, 14(1), 205-207. <https://doi.org/10.30574/wjaets.2025.14.2.0077>
- Udeh, C. G. (2025). The role of generative AI in personalized learning for higher education. *World Journal of Advanced Engineering Technology and Sciences*, 14(1), 205-207. <https://doi.org/10.30574/wjaets.2025.14.2.0077>
- Uktamjon, O. X. (2024). Effective use of corpus linguistics in improving language teaching strategies. *Oriental Renaissance: Innovative, Educational, Natural and Social Sciences*, 4(11), 119-133. Retrieved from https://oriens.uz/media/journalarticles/20_Uktamjon_Ortikov_Xudoyberdi_ogli_119-133.pdf.
- Uktamjon, O. X. (2024). Effective use of corpus linguistics in improving language teaching strategies. *Oriental Renaissance: Innovative, Educational, Natural and Social Sciences*, 4(11), 119-133. Retrieved from https://oriens.uz/media/journalarticles/20_Uktamjon_Ortikov_Xudoyberdi_ogli_119-133.pdf.
- Usher, E. L., & Pajares, F. (2008). Sources of self-efficacy in school: Critical review of the literature and future directions. *Review of Educational Research*, 78(4), 751–796. <https://doi.org/10.3102/0034654308321456>
- Vygotsky, L. S. (1978). *Mind in society: The development of higher psychological processes*. Harvard University Press.
- Vygotsky, L. S. (1978). *Mind in society: The development of higher psychological processes* (M. Cole, V. John-Steiner, S. Scribner, & E. Souberman, Eds. & Trans.). Harvard University Press.
- Vygotsky, L. S. (1978). *Mind in society: The development of higher psychological processes*. Harvard University Press.
- Vygotsky, L. S. (1978). *Mind in society: The development of higher psychological processes*. Harvard University Press.
- Vygotsky, L. S. (1978). *Mind in society: The development of higher psychological processes*. Harvard University Press.
- Wang, J., Li, W., Lu, M., & Chen, Y. (2024). Enhancing English writing proficiency in TESOL: Integrating traditional and technological approaches for a multifaceted learning experience. *SHS Web of Conferences*. (Volume and DOI required for a complete reference.)
- Wang, S., & Kong, X. (2024, April). *Integration of PBL and FET: An innovative model for mechanics courses aimed at stimulating students' discussion*. In Proceedings of the 6th International Conference on Computer Science and Technologies in Education (CSTE), Xi'an, China. IEEE. <https://doi.org/10.1109/CSTE62025.2024.00012>
- Whitelaw, S., Mamas, M. A., Topol, E., & Van Spall, H. G. C. (2020). Applications of digital technology in COVID-19 pandemic planning and response. *The Lancet Digital Health*, 2(8), e435–e440. [https://doi.org/10.1016/S2589-7500\(20\)30142-4](https://doi.org/10.1016/S2589-7500(20)30142-4)

- Wu, Y. (2023). *English learning analysis and individualized teaching strategies based on big data technology*. Springer.
- Yang, P. (2015). Developing intercultural competence in TESOL service-learning: Volunteer tutoring for recently arrived adult refugees in learning English as a second language. In A. J. Wurr & J. M. Perren (Eds.), *Learning the language of global citizenship: Strengthening service-learning in TESOL* (pp. 328-351). Retrieved from ResearchGate.
- YouTube Video. (2023). *The role of ChatGPT in education* [Video]. Retrieved from <https://www.youtube.com/watch?v=4SvoWJUy8og>
- Zhao, Y. (2020). *Second language learning in the age of AI: The role of technology in personalized learning*. Routledge.
- Zhao, Y. (2020). *Second language learning in the age of AI: The role of technology in personalized learning*. Routledge.
- Zheng, L., Long, M., Zhong, L., & Gyasi, J. F. (2022). The effectiveness of technology-facilitated personalized learning on learning achievements and learning perceptions: A meta-analysis. *Education and Information Technologies*, 27, 11807–11830. <https://doi.org/10.1007/s10639-022-11092-7>
- Zimmerman, B. J. (2002). Becoming a self-regulated learner: An overview. *Theory Into Practice*, 41(2), 64–70. https://doi.org/10.1207/s15430421tip4102_2
-