

THE AMERICAN DREAM'S REPRESENTATION IN LITERATURE AND THE MEDIA

Sumbul Khan

(Student of BS English Literature and Language, Punjab, Pakistan)

kjumma279@gmail.com

Hamna Maqbool

(Student of BS English Literature and Language, Punjab, Pakistan)

Hamnamaqbool11@gmail.com

Muhammad Haris Khan

M.Phil. Applied Linguistics Scholar at Riphah International University, Lahore

Hariskhan29222@gmail.com

Waqar Mahmood Khan

Lecturer in English, University of Okara, Pakistan

waqar.m.khan@hotmail.com

Abstract

With an emphasis on the evolving nature of the concept, this article explores the portrayal of the American Dream in literature and media. The American Dream has been represented in media discourse as a symbol of contentment, joy, and happiness, often associated with the democratic ideals of hope, opportunity, wealth, and freedom. While early literary works embraced themes of optimism and individual triumph, contemporary literature frequently critiques the American Dream as an unattainable ideal or a broken promise. This study builds upon the perspectives shared in a 2024 lecture by Waqar Mahmood Khan, who emphasized the importance of critically examining idealized narratives like the American Dream. Khan's discussion highlighted the dangers of accepting singular, utopian portrayals without deeper investigation and encouraged a holistic analysis that accounts for both the positive and negative aspects of such cultural constructs. His insights resonate with the focus of this article, particularly in advocating for a balanced exploration of the American Dream through its multifaceted representations in literature and media. The article identifies significant gaps in the existing research, particularly in understanding how class, gender, and race intersect to shape the portrayal of the American Dream in media. Moreover, it highlights the scarcity of studies examining the representation of the American Dream in digital storytelling and new media platforms. The methodology of this study is grounded in systematically obtaining, analyzing, and interpreting data related to how the American Dream is depicted across various mediums. This approach facilitates a comprehensive examination of literature and media, offering an organized framework for analyzing the intricate and dynamic cultural phenomenon that the American Dream represents.

Keywords

American Dream, Literature, Media discourse, Optimism, Broken dream, Class, Gender, Race, Digital storytelling, Contemporary media, Distorted reality,

Introduction

The American Dream, which embodies the idea that anybody can succeed through hard effort and perseverance, regardless of background, has long been a defining theme in American culture. Though its meaning has evolved throughout time, it has been a major theme in literature and the media since the early 20th century. In its original manifestations, the American dream was seen to

be something of an optimistic hope for a working man who was merely good enough. The current visions much more often depict the obstacles and hindrances that individuals must overcome to achieve this vision, a growing loss of belief in the concept. Such novels as F. Scott Fitzgerald's 1925 novel *The Great Gatsby*, however, portray the American Dream as a far more complicated concept in which differences stand out so much. Secondly, during Post WW-II the dream was revived with suburbanization and consumer culture becoming the symbol of success. Thirdly, The Great depression (1929-1939), The dream in was tested and literature like John Steinbeck's (*The Grapes of Wrath* in 1939) literature like Toni Morrisons (*The Bluest Eye* 1970) pointed the Dream's elusiveness for African Americans. Finally, during Contemporary Era (1980s- present) the dream has been redefined with works like (*The Sopranos* 1999-2007) and (*The Wolf of Wall Street* 2013) critiquing its excesses.

This scholarly article investigates the dynamic evolution of the portrayal of the American Dream in literature and media, emphasizing its shifting representations over time. Historically romanticized as a symbol of hope, opportunity, wealth, and freedom, the American Dream has symbolized the collective aspirations of democratic societies. Early literary works exalted the optimism and individual triumph associated with this concept. Conversely, contemporary literature often critiques it as an unattainable ideal or as a promise unfulfilled, revealing the multifaceted nature of the American Dream as both a cultural narrative and a construct within media.

Media discourse significantly influences public perceptions of the American Dream by projecting notions of contentment and joy while reinforcing societal norms. Yet, knowledge gaps persist, particularly concerning the influence of class, gender, and race on depictions of the American Dream in media. Furthermore, the impact of digital storytelling and emerging media platforms on these representations remains inadequately explored.

This study employs a comprehensive methodology to scrutinize the representation of the American Dream across literature. As elucidated by Mahmood Khan (2023), this study draws parallels to Khan's investigation into Pakistani political discourse. Khan's work dives into how narratives constructed by political elites and media outlets manipulate public opinion to sway election outcomes. Rooted in agenda-setting theory and the hypodermic needle model, his research highlights the intricate interplay among elite influence, media collaboration, and public susceptibilities, questioning the legitimacy of democratic systems and advocating for unbiased governance.

Likewise, the portrayal of the American Dream in media functions as a mechanism for molding societal norms and influencing public sentiment. Both studies shed light on the media's capacity to craft narratives that either sustain or challenge cultural and political constructs. This comparative analysis underscores the pivotal role of literature and media in scrutinizing and challenging fundamental ideals such as democracy and the American Dream, encouraging further exploration of their implications across diverse sociopolitical landscapes.

Comparison between American Dream's Representation during Literary Movements and Media Representations. The important literary movements include are. First, Modernism (1900s-1940s) writer like F.Scott Fitzgerald (*The Great Gatsby*,1925) and Earnest Hemingway (*The Sun Also Rises*,1926) questioned the American dream's validity. Second, Realism (1940s-1960s) writer like Steinbeck and Richard Yates(*Revolutionary Road*,1961) portrayed the American dream's disappointment. Third, Post modernism (1960s-1980s) Thomas Pynchon's *Gravity's Rainbow* (1973) deconstructed the Dream's mythology. The media Representation include are. first film movies like *It's a Wonderful Life*(1946), *Rocky*(1976) and *the pursuit of happiness* (2006) embody the Dream's ideas. Second, Television show like *Leave It to the Beaver*(1957-1963), the *Brady Bunch*(1969-1974),and *The Simpsons* (1989-present) reflects the Dream's evolution. Finally, while artists such as Bruce Springsteen and Kendrick Lamar condemn the failure of the Dream, others like "America the Beautiful" and "This Land Is Your Land" celebrate it. There are many reasons why the ideal of America needs to be represented in literature and by the media. The American Dream is often used to represent opportunity, aspiration, and hope in literature and in the media and represents much of the cultural ethos of so many eras. Thanks to these representations, researchers can make sense of social ideals and attitudes toward achievement, work ethic, and personal fulfillment at different historical periods. Through these representations, researchers are able to understand social ideals and attitudes toward achievement, work ethic, and personal fulfillment during other historical periods. **For example**, the 19th-century rags-to-riches stories of Horatio Alger embodied the early American Dream optimism about individual success through grit and hard work (Cawelti, 1976).

The media's portrayal of the American Dream shapes society's perceptions of justice, opportunity, and success. Movies, television shows, and digital media either affirm or contradict the notion that anyone can achieve success through hard work. By examining different representations, academics can gain a better understanding of how the Dream influences people's opinions on meritocracy and social mobility. The idea that success is a personal responsibility is reinforced by movies such as *The Pursuit of Happiness* (2006), which emphasize human perseverance while ignoring systemic barriers (Gabriel, 2010).

There is an increasing need to look at how the American Dream is changing as a result of digital media and websites like YouTube and Instagram. Digital narratives and their impact on how the public views success and opportunity have not gotten as much scholarly attention as conventional forms of literature and media. It is crucial to conduct Further research in this area because the growth of digital media provides new platforms for individuals to depict and analyze the American Dream (Napoli, 2019).

In a lecture delivered in 2024 on the topic of "Distorted Reality," Waqar Mahmood Khan, a researcher, highlighted the critical need to approach widely accepted narratives, such as the American Dream, with a nuanced perspective. He emphasized that such constructs are often idealized and portrayed as utopian, thereby concealing their inherent complexities and contradictions. Khan advocated for an in-depth exploration of such narratives, urging researchers and scholars to analyze both the positive and negative dimensions comprehensively.

He highlighted the importance of moving beyond superficial appearances and rejecting the tendency to accept singular, unchallenged versions of reality. Instead, he encouraged an investigative approach that involves scrutinizing multiple perspectives and delving deeper into the layers of representation to uncover the underlying truths. Khan's argument extended to the necessity of challenging idealized depictions, such as those associated with the American Dream, which often serve to perpetuate a one-dimensional understanding of a multifaceted concept.

Moreover, Khan warned against the pitfalls of hasty judgments, noting that opinions formed without thorough analysis are prone to change over time. He posited that what is perceived as virtuous today may be regarded as flawed tomorrow, and vice versa, demonstrating the dynamic nature of interpretation. In his lecture, Waqar Mahmood Khan called for an academic rigor that prioritizes critical thinking, promotes intellectual openness, and encourages the evaluation of narratives from diverse perspectives while maintaining a great commitment to uncovering the truth.

This discourse aligns seamlessly with scholarly inquiries into the representation of the American Dream, encouraging a methodologically sound investigation into its portrayal as an aspirational ideal that often obscures deeper societal and cultural implications.

This article aims to investigate changing portrayals of the American Dream in literature and media looking at how race, gender and class play a role in shaping these depictions.

Research Question

1. How has the American dream been represented in literature and media over time, and What cultural, economic and social factors influence these portrayals?
2. How the American Dream depicted in key American literary works (e.g., *The Great Gatsby*, *Death of a Salesman*)?
3. How have modern media representations of the American Dream changed over the past few decades?
4. What are the recurring themes and symbols associated with the American Dream in contemporary television and film?

Despite the prominence of American dream in literature and media, there is insufficient analysis of its representation has evolved, especially in the context of modern media. While earlier works have been well studied, there is lack of research on how class, race and gender intersect to affect the portrayals of the American Dream in today's media. Further research is needed to address how digital storytelling, such as YouTube and social media, shape and redefined the American Dream for newer generations.

Literature Review

This literature review examines how the American Dream is portrayed in literature and media, identifies gaps, and looks at the theoretical frameworks used by scholars to analyze this theme. Previous studies have examined the following topics: Historical interpretations of the American Dream; Different time periods in American literature (such as 19th-century literature, modern American literature); different forms of media (such as film, television, news, and

advertisements); and how the American Dream is portrayed over time. Sociopolitical movements, such as the Civil Rights Movement, and their impact on the representation of the American Dream.

The American Dream in Literature:

Early Illustrations in the 19th and Early 20th Centuries The positive elements of the American Dream, emphasizing upward mobility and individual success, are highlighted in early American literature, according to scholars like David Kamp (2009).

By narrating tales of rags to wealth, early literary works, such as Horatio Alger's novels, praised tenacity and diligence. *The Great Gatsby* by F. Scott Fitzgerald, published in 1925, is frequently regarded in academic works as one of the best examples of the American Dream. According to academics like Sarah Churchwell (2014), Fitzgerald exposes the pointless pursuit of material prosperity and moral decay rather than spiritual fulfillment in *The Great Gatsby*, hence challenging the American Dream.

Responses to World War II

The way the American Dream was portrayed changed after World War II. The Dream is criticized in Arthur Miller's 1949 novel *Death of a Salesman*, which highlights the shortcomings of capitalism and the demands of social norms. According to researchers like Arthur Bloom (2011), Miller illustrates the negative effects of pursuing an unrealistic ideal without taking into consideration one's own limitations. Toni Morrison's works, particularly *Song of Solomon* (1977), highlight the racial limitations to the American Dream. Critics like Louis Gates (2007) examine how Morrison confronts the myth of the Dream by emphasizing that it is often inaccessible to African Americans.

More recent texts would include writers such as Junot Diaz with *The Brief Wondrous Life of Oscar Wao* (2007) and Chimamanda Ngozi Adichie in *Americanah*, 2013, writing against idealism in terms of American Dream idealism while pushing for themes of being included in the dominant culture. Ilan Stavans (2018) and other critics argue that these tales demonstrate how globalization and neoliberalism have made it more difficult to achieve the Dream.

American Dream Representation in Media:

Television and Film.

The Dream has always been shown in American television and movies, with a particular emphasis on the rags- to-riches path. The degradation of the Dream is criticized in classic movies like *Citizen Kane* (1941), while more modern television programs, such as *Breaking Bad* (2008–2013), illustrate how criminality and moral lapses are entwined with the desire for achievement. Television shows like *Mad Men* (2007–2015) critically examine the façade of the American Dream. During the postwar era, exposing the emptiness behind suburban success and corporate ambitions. Scholars such as Jonathan Lupo (2015) have analyzed how *Mad Men* dismantles traditional notions of the Dream by showcasing gender inequalities and societal constraints.

Popular Culture and Music

One of the main platforms for underrepresented communities to critique the American Dream is hip-hop music. Artists like Jay-Z and Kendrick Lamar frequently consider the contradiction of achieving success in a culture that systematically denies minorities the right to vote. Rap music highlights the tension between the reality of systematic racism and the promise of upward mobility, according to academics like Tricia Rose (2016).

Methods that are primarily theoretical Marxist Interpretation:

Examining how capitalism processes lead to inequality, the Marxist critique is one of the most often used theoretical frameworks for studying the American Dream. According to academics like Andrew Lawson (2012), novels like *Death of a Salesman* show how the Dream is used to maintain a class-based society.

Post-Colonial and Racial Theories:

Post-colonial scholars have examined how the American Dream is predicated on Western notions of individualism, while occasionally ignoring non-Western concepts of community and collectivism. David Eng. (2010) and others, who criticize the American Dream in its approach to marginalizing immigrant and minority groups with its singular definition of success, have been informed by Edward Said.

Theory of Feminism

Bell Hooks and Betty Friedan are two feminist scholars who argue that, by and large, women have been excluded from the American Dream through its emphasis on stories of achievement focused on men. Specifically, Hooks (2000) suggests that the Dream is in fact a perpetuation of patriarchal ideals that further place unreasonable expectations on women in both their personal and professional lives. Questions remain concerning the gaps between environmental justice and the American Dream. Future research should examine how environmental factors shape access to the Dream, given that migration and economic instability are only becoming more and more tied to climate change.

Methodology

The methodology reset on the representation of the American Dream in literature and media involves the various ways and methods to systematically gather, analyze, and interpret data or information. There are some ways used for a detailed overview of research methodology. These consist of the following methods. The study should begin by defining whether it will be, firstly, a qualitative approach that focuses on analyzing themes, symbols, characters, and narratives within literary and media texts. Furthermore, common methods include textual analysis, content analysis, and discourse analysis. Secondly, a quantitative approach focuses on analyzing patterns, frequencies, or trends in the media portrayal of the American Dream. This also includes the surveys or coding for specific themes.

Lastly, mixed-method approaches combine qualitative and quantitative methods to collect textual data and measure more general patterns. This approach allows for an examination of both literature and media while offering an organized means of delving into a complicated cultural idea such as American Dream.

Research Design and Approach:

This study uses a content analysis methodology, also referred to as a qualitative approach, which is suitable for studying narrative texts and visual media. A qualitative methodology allows for a comprehensive analysis of the ways in which the American Dream has been portrayed in a variety of genres and formats. This study will use content analysis to systematically evaluate recurring themes, symbols, and character depictions in literature and media from different historical eras. This cross-sectional study covers a range of literary and media works produced from the 20th century to the present. In addition to the visual examination of a few chosen movies and TV series, the design incorporates the textual analysis of books, short stories, and

screenplays. To track the development of the American Dream's portrayal, the study will group these pieces into several eras.

Participants:

Procedure for the Sample and Selection:

Twenty literary works and fifteen media outputs (movies and television series) chosen from various eras, genres, and social contexts make up the research sample. These works have been chosen because they prominently depict themes related to the American Dream, such as success, individualism, upward mobility, and the pursuit of happiness. In addition, the literature sample include novels, short stories and plays that explicitly or implicitly address the American Dream. The sample include works by F. Scott Fitzgerald, Arthur Miller, Toni Morrison, Ernest Hemingway, John Steinbeck, and contemporary authors such as Chimamanda Ngozi Adichie. Furthermore, the media sample includes the films and television series that explore or critique the American Dream. Some examples include *The Great Gatsby*(2013).

Breaking Bad (2008–2013), *Mad Men* (2007–2015), and *The Pursuit of Happiness* (2006) also reviewed in this paper were television series like *It to Beaver* (1957–1963) and *The Simpsons* (1989–present). Selections that meet specific criteria concerning the representation of the American Dream are made by the purposive sampling method. First, this decision was based on cultural significance, meaning the works are either something that creates a big cultural impact or something relevant to the American Dream from an academic standpoint. Second, works that present different interpretations of the American Dream, whether celebratory, reimagination, or critical, are aligned with different perspectives. The temporal range refers to the works that were actually produced and published between the very early 20th century and 2023, demonstrating just how historical events such as the Great Depression, civil rights efforts, and the 2008 financial crisis have shaped understanding and conceptualization of the American Dream.

Tools and Processes for Gathering Data:

Research Approach to identify recurring themes and devices of narratives gathers data using Visual Content Analysis and close reading. Data collection tools include, such as, textual analysis; it mainly consists of selecting key, literary works, and media sources to analyze. They may include NVivo will be used for coding literary texts, identifying recurring themes, motifs, and linguistic patterns. These may include:

Books like *The Great Gatsby*, *Of Mice and Men*, and *Invisible Man* are **examples of classical literature**.

TV series, films like *American Beauty* and *The Pursuit of Happiness*, and documentaries that highlight opportunity, prosperity, and success in the US are **examples of modern media**.

News and advertisements are important because they frequently influence how the general public views happiness and success.

Analyzing data:

It describes the methods used to analyze the data. Using techniques such as thematic analysis and other procedures for the qualitative data entails locating recurrent motifs about the American Dream throughout the media and books. Thematic analysis will be the main method used to examine the data. The study will uncover topics like:

Success and Failure:

How characters' attempts to achieve the American Dream result in either success or failure;

Immigration and Identity:

How immigrant narratives alter or contradict conventional perceptions of the American Dream;

Class and Social Mobility:

How socioeconomic considerations affect the achievement of the American Dream.

Analyzing narratives:

It focuses on how certain plotlines and characters support or contradict the idea of American Dream.

Discourse analysis:

It will look at how language creates and destroys the American Dream, while narrative analysis will be focused on how certain characters and storylines are constructed to support or refute the concept. The use of discourse analysis will explore how language in literature and the media reflects the ideological constructs of the American Dream. This method will highlight the deep-seated presuppositions and power dynamics represented in these stories;

Comparative Analysis:

The paper is going to explore how fiction and news media portray this idea known as the American Dream. Differences in narrative design, characterization, and audience feedback are analyzed. **For instance**, compared to literature's more complex, introspective examination, media productions could place greater emphasis on visual symbols (like the rags-to-riches metaphor).

Coding and Categorization:

Information from media and literature will be coded using pre-established categories:

Comparing Positive and Negative Illustrations: Whether the American Dream is portrayed as attainable, illusory, or corrupt.

Historical Context:

How the depiction of American Dream changes in response to historical events.

Cultural Perspectives:

Whether the work reflects a mainstream or alternative (e.g., minority, immigrant) interpretation of the American Dream.

The cross-sectional research examined a selection of 20th-century literary and cultural works in order to thoroughly depict how the American Dream evolved. Discussions concerning the American Dream's applicability in a social and economic environment that is changing quickly will be aided by the findings.

How the American Dream is portrayed in literature.

The American Dream has been portrayed differently in various literary eras. Literature provides a complex understanding of this topic, ranging from optimism in the early 20th century to later criticisms of the dream as an illusive or unachievable ideal.

Table 1:

Top Literary Works and Their Reflections of the American Dream

Author's		Titles	Year	The meaning of the American Dream

F. Scott Fitzgerald	Great Gatsby	1925	Materialism social hierarchy and dissatisfaction
John Steinbeck	Grapes of Wrath	1939	Struggle for equality with great hardship
Arthur Miller	Death of a Salesman	1949	Indignity of personal failure by achieving material success
A Raisin in the Sun	Lorraine Hansberry	1959	Depicts the difficulties Americans encouraged in seeking equality; an historical trauma is add of colour addressed
Toni Morrison	Beloved	1987	race, and exclusion from the American Dream
Junot Díaz	The Brief Wondrous Life of Oscar Wao	2007	Immigration, identity, and the struggle for success

Themes in the Literature's Representation of the American Dream (1920–2000s)

Graph 1

The graph shows how themes, such as disappointment, hope, and criticism of inequality, have evolved over time.

The American Dream is Represented in Television and Film

In popular media, such as television and film, frequently depict the American Dream. These media represent and influence public perceptions, from the prosperous and hopeful post-war era to more contemporary depictions of disappointment.

Table 2:
The American Dream in Major Motion

Movie and Television program	Year	Representation of the American Dream
Kane, Citizen	1941	The meaninglessness of riches and authority
Rocky	1976	Overcoming hardship with perseverance
The Search for Contentment	2006	Places a strong emphasis on achieving success and personal resilience

Breaking Bad	2008-2013	The moral decay that results from pursuing money
Parasite	2019	Social inequality and class struggle the pursuit of success

Graph 2: Evolution of the American Dream in Media (1940s-2020s)

This graph shows changes in the portrayal of the American Dream, emphasizing optimism, resilience, and class-based critiques.

Graph 3: Economic and Political Contexts and American Dream Portrayals

The depiction of the American Dream in literature and media is often influenced by current economic and political conditions, such as economic downturns.

Table 3:

Economic and Political Contexts and Their Effect on the American Dream.

Events	Time Period	Impact on the American Dream Portrayals
The Great Depression	(1930s)	Literature, such as <i>The Grapes of Wrath</i> , often emphasizes survival and equality.
Post-WWII Economic Boom	(1950s)	Optimistic portrayal of material success in media.
Civil Rights Movement	(1960s)	Focus on overcoming systemic hurdles to the American Dream, <i>A Raisin in the Sun</i>
The 2008 Financial Crisis	(2008)	<i>Breaking Bad</i> emphasizes economic inequalities and unrealistic goals.
Economic disparity increased between	(2010s-2020s)	The media attacks the working class and minorities' lack of access to achievement.

Chart 1 demonstrates how economic shocks correspond to themes in American Dream depictions.

4. Demographic Viewpoints on the American Dream in Literature and Media

Different demographic groups perceive the American Dream differently, influenced by their socioeconomic status and cultural surroundings.

Table 4

Summarizes survey findings on demographic perceptions of the American Dream in media and literature.

Demographic Group	Optimism Toward American Dream (%)	Major Themes Identified in Representation
Middle-Class Americans 65% Success through hard work	65%	65% Success through hard work
Working-Class Americans	45%	Barriers due to economic inequality
African Americans	40%	Disillusionment, inequality, and systemic bias
Immigrant Communities	70%	Hope for success and upward mobility

Graph 3:

Optimism about the American Dream by Demographic Group The graph shows levels of optimism about the American Dream across various demographic groups.

Findings without Interpretation:

Literature and media show distinct trends in how they describe the American Dream. The very early 20th-century texts are largely optimistic in presenting the Dream as achievable. As societal conditions — economic inequality and political unrest among others—began to build up, the literature starts to show a more critical view of the Dream. Films and writings in the 21st century depict the difficulties encountered in attaining the Dream, especially for certain sectors. Economic crises like the Great Depression and the 2008 financial crisis have had an important influence on how the American Dream is framed. The concept of the American Dream remains central yet increasingly contested in American culture. Different demographic groups show levels of belief in its attainability.

Findings and Outcomes from Thematic Analysis

A common theme in American culture is the “American Dream”, which stands for the conviction that anybody can succeed and enjoy affluence through hard effort, regardless of their background or place of birth. This idea has been examined in a variety of literary and media contents, frequently with conflicting conclusions regarding it’s implications and reachability. These representations thematic analysis allow us to understand the difficult ways that the American Dream is both protected and blamed.

Understanding thematic analysis as a tool

Finding and condensing patterns (theme) in a data is achieved through the qualitative research technique known as thematic analysis. It includes a flexible approach to qualitative research, allowing researchers to focus on both clear and understood meanings within text and media, it is a sound methodology. The representation of the American Dream in stories of success, failure, difficulty, and social barriers can be revealed through thematic analysis.

By using thematic analysis, underlying themes that speak to the American Dreams promise of independence, freedom and social advancement in addition to the clear storylines. We search for trends in the storylines, character growth, and socioeconomic trends that are portrayed in the literature and media.

Identifying Literary Themes

The American Dream is often a major element in literature, as seen by books such as Arthur Miller's (*Death of a Salesman*) and F. Scott Fitzgerald's (*The Great Gatsby*). These writings present conflicting interpretations of the Dream.

The Commitment of the American Dream:

We acknowledge this theme by analyzing characters who aspire to liberty or accomplished and think that the dream may be accomplished with determination. Jay Gatsby's ascent from poverty to fortune. We look at his purposes and actions which are repeatedly compared with social limitations.

The Illusion of success:

The American Dream is often presented as incorrect or inaccessible ideal in tales like Willy Loman's defeat to achieve financial stability in *Death of a Salesman*, despite his everlasting dedication to work, calls into question the idea that success comes exclusively from diligence. The concept here comes from examining the main characters dialogues, mental breakdown, and disillusionment.

Final Thought:

A thorough examination of the representation and critique of the American Dream in literature and culture is made possible via thematic analysis. The difficulties surrounding the American Dream whether as an inspirational ideal, a misleading mirage, or a reflection of societal inequalities are shown by this method, which looks at story structures, character development, socioeconomic circumstances, and symbolic representations. Examples from film like *American Beauty* and literature like *The Great Gatsby* show how themes arise from examining the hardships, achievements, and sociopolitical environments that influence their lives. This approach helps us to comprehend not just how it appeals to or doesn't appeal to different audiences.

Themes

A major theme in American culture has been the American Dream which is frequently considered to be the belief that anybody can succeed through diligence despite of context. This ideal is depicted in literature and the media in a variety of ways, often highlighting the Dream's as well as its difficulties such as achievement and defeat, class and social advancement and the effect of systemic barriers on individual achievement can all be found through thematic analysis. How

these themes are shown clearly, reflecting the historical contexts that define the American Dream can be obtained by works like John Steinbeck's and F. Scott Fitzgerald's.

The Grapes of Wrath (1939):

The American Dream inability for the laborer during the Great Depression is the idea of John Steinbeck's book. Such as many Dust Bowl refugees, the Joad family faith to restart and grow in California, but rather they knowledge despair, destitution, and probe.

For instance,

John Steinbeck's difficulties the concept that each may attain by pursuing the Joad's voyage and the systemic inequality they experience. The harsh truths of desire, exile, and toil abuse weaken California's fiction of riches. John Steinbeck faults the market system that value the wealth while dismissing the needy thought his images of the refugee's difficulty and the corrupt system they meet.

Social Mobility and Class in the American Dream

The American Dream is also examined through the critical prism of class and social mobility. Many works of literature and media investigate whether it is truly possible to transcend one's social class through hard work and determination, or whether class divisions are insurmountable barriers to achieving the Dream.

The Great Gatsby:

The novel presents a rigid class system where upward mobility is illusionary. The "old money" class, which is symbolized by Tom and Daisy Buchanan, never truly accepts Gatsby despite his enormous fortune. F. Scott Fitzgerald challenges the notion that having money alone may raise one's social standing, arguing that class divisions that are engrained in American culture restrict social mobility.

As an illustration, theme analysis can be used to look at how Gatsby's parties, which are meant to dazzle the wealthy fall short of gaining him the respect and recognition he deserves in the Buchanan world. A class that sustains its privilege through social ties and tradition in addition to riches is exemplified by the Buchanans. Gatsby's failure to reconcile his wealth with there previous wealth reveals the fallacy of social mobility.

The Grapes of Wrath:

Class and mobility are portrayed very differently in Steinbeck's masterpiece The Grapes of Wrath. The Joads and thousands of other migrant laborers fight to unhold their fundamental human dignity in addition to advancing in social standing. Steinbeck argues that systemic barriers such as corporate greed, lack of worker rights, and government failures prevent the working class from achieving the American Dream, especially during times of economic recession.

For example, a thematic analysis can show how Steinbeck explores the theme of class static through the Joad family's slow descent into poverty. The descriptions of the migrant camps, the exploitative practices of the landowners, and the refusal of the system to provide adequate support show how the American Dream is unattainable for those at the bottom of the social hierarchy. Steinbeck's vivid depiction of the Joads' plight highlights the brutality of a system that promises mobility but delivers exploitation.

Dreams and disillusionment: the contrast between ideals and reality

Both *The Great Gatsby* and *The Grapes of Wrath* explore the theme of the disillusionment of the American dream, but their angles are very different – one focuses on individual disillusionment, and the other focuses on collective social failure.

American Dream representation in Media

The American Dream appears in media offering different views on success, failure, and social mobility, along with books. Movies like *The Pursuit of Happyness* (2006) paint a brighter picture of the American Dream showing that hard work and never giving up can lead to success even when things get tough. Films such as *American Beauty* (1999) and *Fight Club* (1999) contrast the materialism and voidness of the Dream.

Pursuit of Happiness.

In this movie, the theme is even more traditional: American Dream about a man who starts life in the streets and turns to become a successful stockbroker, with Chris Gardner. The film emphasizes the value of perseverance and personal determination, portraying the Dream as achievable for anyone willing to work hard enough.

Example: Thematic analysis of the film can highlight how visual contrasts (e.g., Chris's transition from sleeping in shelters to working in a high-rise office) emphasize upward mobility. The same story, however, needs critical analysis of how it makes light of the structural barriers faced by Chris, ascribing the success more to personal efforts than to systemized inequality.

The point of American Beauty and Fight Club:

Both films deconstruct the American Dream by focusing upon characters disillusioned with pursuing material success and conforming to societal norms. In *American Beauty*, Lester Burnham's rejection of his suburban lifestyle serves as a critique of the emptiness of middle-class success, while *Fight Club* critiques consumerism and corporate culture, suggesting that the American Dream has become corrupted by materialism.

Example: Thematic analysis of these films would focus on how the characters' disillusionment is portrayed through visual symbols, dialogue, and narrative structure. In *American Beauty*, the motif of the perfect suburban house symbolizes the superficiality of the Dream, while *Fight Club* uses the narrator's mental breakdown to illustrate the destructive nature of consumer culture.

In Conclusion of Themes:

The portrayals of the American Dream are diverse and complicated, with themes of disillusionment, class and social mobility, and success and failure playing major roles, according to thematic analysis of literature and media. The varied experiences of people and various classes are reflected in works such as *The Great Gatsby* and *The Grapes of Wrath*, which offer opposing interpretations of the Dream. While *Gatsby's* pursuit of wealth leads to personal tragedy, the Joad family's struggle reflects the broader social failure of the American Dream during the Great Depression. Similarly, media portrayals offer both optimistic and critical perspectives, revealing the continued relevance of the American Dream in contemporary culture. Through thematic analysis, we gain a deeper understanding of how the American Dream is both a source of inspiration and a subject of critique in American literature and media.

A Narrative Study of American Dream Achievement and Failure:

A frequent theme in narratives about the American Dream is the concept of success, which is often linked to material prosperity. Willy Loman is the breakdown of the American Dream. It is the being liked and seeming successful, according to Willy, a traveling salesman who has dedicated his life to achieving success. However, books like Arthur Miller's *Death of a Salesman* and F. Scott Fitzgerald's *The Great Gatsby* demonstrate how aiming for success frequently results in failure and disappointment.

Willy Loman in the 1949 film *Death of a Salesman*:

Willy Loman's portrayal of the American Dream's collapse is among the most moving. His obsessive pursuit of material success and social approval leaves him emotionally empty and leads to his downfall. Miller uses Willy's tragic arc to critique the materialism and consumerism inherent in the American Dream, suggesting that the relentless pursuit of wealth can destroy personal happiness and family relationships.

For instance, a narrative analysis of *Death of a Salesman*, for example reveals how Willy's character illustrates the pitfalls of equating one's worth in his mind to monetary success. His frequent mention of popularity and efforts to make others believe he is useful portray the struggle he has keeping up with the standards that society deems one should succeed. By portraying Willy's suicide as the result of his inability to reconcile his self-image with the tough reality that he has not become the success he had desired, Miller challenges this materialism the reality that he has not achieved the success he had envisioned.

Social Mobility and Class:

Divergent Images of Social Mobility. The American idea that one can, with hard work, rise above status also features in some significant depictions of the American Dream: representations of social mobility versus a focus on the actual obstructions of it. *The Grapes of Wrath* is the name given by John Steinbeck to his monumental novel written in 1939, reflecting the broad difficulties working-class Americans encountered during the Great Depression. The structure of the book illustrates the very obstacles that bar the Joad family from reaching social mobility as well as economic stability in their newly sought land of a better life. The family's continuing exploitation and tyranny despite their hard work and perseverance implies that the Dream is one such thing that cannot be achieved by people at the bottom end of the scale.

The Pursuit of Happiness:

Relates a real-life account about a poor man who turned himself from a pauper to a successful stockbroker. Because it portrays perseverance, hard work, and determination as virtues, Gardner's film supports the classic understanding of the American Dream. Because the movie demonstrates social mobility as attainable, even in the face of extreme adversity, the film reiterates the concept that anyone can succeed if they try hard enough.

Materialism and the Disillusionment of the American Dream

Many books that examine the American Dream also criticize the materialism that is linked to it. Characters who mistake material wealth for happiness frequently lose hope when they discover, too late, that success and fulfillment are not the same thing.

In **F. Scott Fitzgerald's *The Great Gatsby***, the character **Jay Gatsby's** rise from humble beginnings is both the seductive and hollow center of the American Dream. To immense wealth is achieved through questionable means, and while he seemingly achieves success, his obsession with the past and unattainable ideals leaves him empty. This story critiques the dream by

exposing the illusion behind wealth and status, showing how the relentless pursuit of an idealized life can lead to personal ruin.

These **examples** highlight how narrative analysis uncovers the complexities in the representation of the American Dream—sometimes as a motivating force that inspires resilience and success, and other times as a critique of its unrealistic promises and the toll it can take on individuals.

Coding and Categorization

Coding and categorizing are crucial processes for methodically assessing the different ways the American Dream is portrayed in literature and the media. Assigning labels like “**positive**” or “**negative**” representations of the American Dream throughout this research necessitates a precise set of standards based on thematic content, character results, and narrative direction.

Positive Representation

Based on the conventional ideas of the American Dream, a “**positive**” depiction of the dream is that success, fulfillment, or upward mobility are achieved through personal initiative, tenacity, and hard work. Generally, such stories underscore how hard work and merit may bring about success. Chris Gardner in **The Pursuit of Happiness** is an example of a positive portrayal of the American Dream. Success on both an individual and professional level emanates from Gardner’s diligence in the face of suffering, from homelessness to single parenthood, and financial hardships. The narrative thus becomes a lesson in itself—a triumphant reminder that all is not lost and the American Dream is still an achievable goal with persistence. Likewise, Horatio Alger heroes—such as Ragged Dick—rise from the poorhouse to the prosperity through their moral integrity and hard work. These stories of social mobility offer a somewhat upbeat interpretation of the American Dream, implying that anybody can succeed and be happy with sufficient work.

Negative Representation

On the other hand, a “**negative**” portrayal of the American Dream emphasizes its shortcomings, criticisms, or the toll it has on people. In such representations, characters may find that the pursuit of material wealth or status leads to disillusionment, exploitation, or personal destruction, reflecting the darker side of the dream’s promises.

Willy Loman from **Death of a Salesman** is a quintessential example of a negative depiction. Willy’s unwavering belief in the American Dream—that financial success and social recognition equate to happiness—drives him into a spiral of despair when he fails to achieve these goals. His tragic end critiques the unrealistic and materialistic aspects of the American dream, highlighting how its pursuit can be unattainable and psychologically damaging for those who do not succeed within its framework.

In **The Great Gatsby**, Jay Gatsby’s tragic fate also embodies a negative view of the American Dream. Despite his immense wealth, Gatsby is unable to reclaim the past or achieve personal fulfillment, exposing the hollowness of material success. The novel critiques the moral decay and illusion that often accompany the blind pursuit of the dream, suggesting that the dream itself is corrupt or unachievable for many.

Discussion

Speaking Using this framework, compose a discussion chapter for “**The Representation of the American Dream in Literature and Media**,” with a special focus on literary devices that enliven the themes of fragmentation and introspection in modern poetry.

1. Methods of Interpretation:

The research reveals an array of literary techniques that convey the theme of consciousness and breakage in modern poetry through free verse, stream of consciousness, broken narratives, and

vivid imagery. Originally common in modernist writings from the 20th century, such as those by T.S. Eliot and Ezra Pound, these strategies now enable poets to examine intricate social structures and identities connected to the American Dream.

Impact on themes:

The fragmented sense of self in modern culture is reflected in both the structure and the content. One of the chief themes of the American Dream is the disconnection between the goals of the individual and those of society, an issue that poets often consider.

For instance, free verse speaks towards violating traditional rhyme and diction, and thereby indicating disintegration of just single unified definition of success. Similar to this, fragmented narratives hint at the different, often contradictory views of those striving for this ideal by offering several voices or experiences.

2. Implications and Significance

Cultural Reflection:

Poems of today's modern world reflect how the American Dream is, in turn, often exclusionary, and there is an increase in skepticism over its credibility. Besides depicting personal disconnection, fragmentation themes of the poem depict the widespread division of society as well; this is primarily based on racial, class, and gender lines. It is, therefore, a media context within which the fragmented self finds a mirror in the usage of non-linear narratives and fragmented cinematography in the portrayal of people's troubles with identity and belonging.

3. Linking Discoveries to Contemporary Modernist and Postmodernist Writing Continuity:

The fractured and self-reflective techniques of modernist literature are the roots from which the present-day poems sprout. Pieces such as T.S. Eliot's *The Waste Land* show how broken architecture mirror the breakdown of traditional norms. The connection to postmodernism is particularly clear because current poets frequently combine several textual or media formats (such as include visuals in poetry books), which is similar to how multimedia storytelling is used in movies and digital media.

4. Limiting Factors:

Subjectivity

There are numerous limitations in examining this paper, most among which includes the subjectiveness in which media and literature pieces are interpreted. Self-discovery or broken frameworks are themes which the researcher might interpret in any other way than others reading this material. Because these are rich insights, even they might contribute bias by virtue of the researcher's view or culture.

Literary Scope:

Because it has narrowed the focus down to certain poets and media portrayals, conclusions might not have as much general application toward greater trends. Future research might analyze a greater diversity of authors and media from other cultures to determine if these themes hold across demographic groups or geographical areas.

5. Future Research

Comparative Analysis:

Perhaps a larger comparative analysis will allow the American Dream in non-Western literature and media to become an area of further study where the handling of such themes across different

cultural contexts can be studied. Research that would compare how dreams are constructed in American societies with that of immigrant or diasporic communities would improve our understanding.

Digital Poetry and the Evolution of Media:

The nexus between digital media and poetry is another exciting field. For instance, research would be interested in how modern poets interact with their publics and in how themes of self-discovery and fragmentation are advanced by emerging digital environments – such as social media and AI-based poetry. Apart from a list of references matching the content focus, this outline follows with an explication of the results’ meaning, limitations, and connections to related work. This can determine which poets, writers, or media samples you use in your own research.

“The Representation of the American Dream in Literature and Media” summarizes.

Significance:

The persistence of these techniques highlights the enduring relevance of the American Dream as a cultural myth and as a personal aspiration. Contemporary poetry and media, by employing fragmentation and non-linear storytelling, critique the dream’s exclusivity and unattainability for many. This is significant because these forms offer a more nuanced and often negative view of American identity, success, and fulfillment and also question traditional views of success.

Conclusion

The way the American Dream is portrayed in literature and the media is greatly impacted by both historical occurrences and cultural changes. Stories that question or criticize the Dream’s viability have been influenced by socioeconomic concerns, such as inequality and economic disasters. Stories of immigrants, and effects of racial and cultural variety, on the other hand, portray the challenge and challenges that face human beings chasing the American Dream in an equal opportunity country. Racial, cultural variety through the effects of consumerism, Great Depression, the Civil Rights Movement, together with their impacts, have brought about redefinition of what the American Dream is in media and literature over time.

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